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# THE RIVER WEEKLY NEWS

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Vol. 15, No. 4

From the Beaches to the River District downtown Fort Myers

JANUARY 29, 2016



## Three Bands To Play Bluegrass At The Alliance

**P**almgrass presents three hours of live bluegrass in the theater at the Alliance for the Arts on Sunday, February 7 beginning at 2 p.m. The concert features John Stey & Company, Captain Joe & the Bottom Feeders and Swinging Bridge.

Tickets are \$8 at the door, \$6 for alliance members. Seating is open and first come, first served. Children 12 and under are admitted free if accompanied by an adult. Doors open at 1:30 p.m.

The Sunday afternoon concert series continues monthly throughout the season. Visit [ArtInLee.org](http://ArtInLee.org) or call 939-2787 for more information. To learn more visit [www.Palmgrass.org](http://www.Palmgrass.org).

The Alliance campus and galleries are open to the public from 9 a.m. to 5 p.m.

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John Stey & Company



Captain Joe & the Bottom Feeders

## Fort Myers Beach Lions Club Shrimp Eating Contest Set For March 13



Trophy winners from last year's Fort Myers Beach Lions Shrimp Festival

**T**he success last year of the Fort Myers Beach Lions Shrimp Festival World Shrimp Eating Championship means the "big eaters" will be part of the festival again this year. The shrimp eating championship will be held on Sunday, March 13 at 1 p.m. at the festival grounds at Lynn Hall Park.

It will feature 10 sponsored contestants competing to eat as much cooked and peeled Fort Myers Beach pink shrimp as they can within five minutes. Contestants will be aided by assistants, who will distribute the shrimp in pre-weighed portions. Judges will watch over the contest to ensure fair play.

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## Shell Point Upcoming Concerts Offer Memorable Musical Entertainment



Southwest Florida Symphony and Maestro Nir Kabaretti

photos courtesy of Shell Point Retirement Community

**S**hell Point Retirement Community invites Southwest Florida music lovers to three entertaining professional performances in February.

On Thursday, February 4 at 7:30 p.m., Shell Point partners with the Southwest Florida Symphony and Maestro Nir Kabaretti to present Symphonic Folklore: an evening of symphonic storytelling with featured performances of Mendelssohn's *Italian Symphony*, De Falla's *El Amor Brujo* and Copland's *Old American Songs*. Tickets cost \$25 and may be purchased by calling the box office at 454-2067 or visiting [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts).



Spend A Night at the Oscars with the Hollywood Concert Orchestra at Shell Point Retirement Community on February 9 at 7:30 p.m.

Shell Point's Fine and Performing Arts Series puts the Hollywood Concert Orchestra on center stage at The Village Church on Tuesday, February 9 at 7:30 p.m. Attendees will hear special musical arrangements of current and classic movie, television and Broadway favorites during this renowned international program, A Night at The Oscars. Tickets cost \$35 and may be purchased at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts) or by calling the box office at 454-2067.

continued on page 4

Historic Downtown Fort Myers, Then And Now:

# Legion Ceremony On Courthouse Corner



by Gerri Reaves, PhD

This circa-1960 photo captures a proud moment on the grounds of the Lee County Courthouse near the Main and Broadway corner.

The five smartly dressed men posing for the photo are unidentified, but they are members of American Legion Rabe O. Wilkison Post 38.

The occasion is also unknown, but given the crisp uniforms and the microphone set up (left), it might have been an awards ceremony, a veteran-related holiday event or a monument dedication.

While formal ceremonies like the one pictured are still commonly held at the courthouse, the scene captured in the background across Main Street shows that although some parts of the downtown landscape remain basically the same, other parts change altogether.

Prominent in the background is the L-shaped Colquitt Building, rounding the northwest corner at Main and Broadway and looking much as it did almost six decades ago.

Henry Colquitt, a real estate developer from Detroit, opened that Mediterranean-Revival style building with Spanish Mission touches in 1926 and established his real estate office in the space fronting Main Street.

When the historic photo was taken, the Fort Myers Restaurant was located in the prime corner space. Note the large sign hanging from the bell tower.

George Symeon and his brother had opened the eatery in January 1926 soon after the building was constructed. In 1929, Angelos Vasiloff bought half interest in it.



Circa 1960, these unidentified members of American Legion Post 38 participated in an event held on the grounds of the Lee County Courthouse. In the right background is the Colquitt Building on the corner of Main and Broadway. The Goodyear store and parking lot are on the left.

photo courtesy American Legion Post 38



The 1926 Colquitt Building looks much the same, but Hotel Indigo is located in the former Goodyear spot

photo by Gerri Reaves

When the café closed its doors in April 1962, it had the distinctions of being the oldest restaurant in the city and the longest residing tenant in the Colquitt Building.

Over the last 90 years, the building has housed a wide variety of businesses and today is hotel office space.

But the scene mid-block and across from the courthouse steps has changed entirely since the legionnaires posed for the camera.

The Goodyear store and parking lot (left background) have vanished from the spot and Hotel Indigo has replaced them.

That property has a long history as a hotel location, so Goodyear's relatively short time on the spot was an exception to the rule.

The Hammon Hotel was located there in the first decade of the twentieth century. It became Hotel Kenmore and was expanded in 1917, but by the end of World War II had closed.

Then came the Goodyear auto-service business, followed by a period of vacancy. In 2009, another hotel, Hotel Indigo, rose on the spot.

Walk down to Main and Broadway and survey what's changed and what hasn't since legionnaires dressed in their uniforms and posed for a photo. While you're there, look at the monument that Post 38 first dedicated in 1922 to honor Lee County veterans of World War I.

Then, walk a few blocks to the Southwest Florida Museum of History at 2031 Jackson Street, where you'll learn about more ceremonies held at the historic Lee County Courthouse over the last century.

For information, call 321-7430 or go to swflmuseumofhistory.com. Museum hours are 10 a.m. to 5 p.m., Tuesday through Saturday.

Then continue south on McGregor Boulevard to the Southwest Florida Historical Society's research center, where you can find out more about the many veterans who served the community after military service.

The all-volunteer non-profit organization is at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts.

The center is open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. Call 939-4044 or visit swflhistoricalsociety.org for more information.

Sources: The Archives of the Southwest Florida Historical Society.✱

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Fort Myers Art:

## Artists' Studio Tour Returns To The Alliance



by Tom Hall

Spend the day exploring artists' studios on February 27 during the Alliance for the Arts' 5th annual Artists' Studio Tour. The day-long event allows art lovers to spend time with local artists in their

studios and homes. It's one thing to see art in an exhibit, or even talk to an artist about their work, but it's an entirely different experience to step into an artist's world.

The self-guided tour begins at 11 a.m. at the alliance, where ticket holders receive a program and map to the studios Riss and Karen inside Wood Kalb Metal Works and visit on-site art studios featuring working artists. The tour concludes with a reception at Marcus Jansen's Unit A Studio from 3 to 4 p.m. This is an educational and inspirational way to meet artists and fellow art patrons while supporting arts and educational programming at the alliance.

Featured artists include:

- César Aguilera (multimedia artist);

- Jayne Baker (jeweler);
- Mila Bridger (photographer);
- Aida Bukovica (interior design consultant);
- Carolyn Gora (fiber/mixed media);
- Tony Myles (photographer);
- Eric Riemenschneider (painter);
- Ava Roeder (fiber/mixed media); and
- Dale Weber (mixed media artist).

On-site studio artists include David Acevedo, Paul Rodino, Xavier Brignoni, Jeffrey Scott Lewis, Mark Holman, Nick Orlando and Diana Ripoll (all part of Union Artist Studios), Veron Ennis at VEMA, and Patrick Conolly and Barbara Piontek at Studio 204.

The studios of each of the off-site participants are located within a two mile-radius of the alliance.

Don't miss this unique opportunity to watch local artists work in their own spaces and discuss their creative processes. Tickets are \$25 for alliance members and \$35 for non-members and are available online now at [www.ArtInLee.org](http://www.ArtInLee.org). Support for the 2016 Artists Studio Tour is provided by the Florida Division of Cultural Affairs.

Lee County Alliance for the Arts is located at 10091 McGregor Boulevard, Fort Myers. Call 939-2787 or go to [www.artinlee.org](http://www.artinlee.org).

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.\**



Carolyn Gora is one of more than a dozen artists who will open their studios and work spaces to participants in the Alliance's 'Artists' Studio Tour. She is pictured with David White.

Available at  
www.AMAZON.COM  
www.EDITORIALRXPRESS.COM

### Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

"Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too."

Gerri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

## PURE FAMILY FUN

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# Fort Myers Art Walk For February



**Za by Scott Guelcher. The opening artist's reception is at Arts for ACT during the Art Walk on February 5**

The Fort Myers Art Walk in downtown Fort Myers will take place on Friday, February 5 from 6 to 10 p.m. Some 13 downtown galleries and numerous retail shops will be open and exhibiting new artworks.

Events include:

- Individual art tent vendors
- Live art demos on the streets
- Art galleries in the core downtown



**Rocker 1 by Jeff and Dale Ocasio, who are also exhibiting at Arts for ACT**

area will all have new group art exhibits. They are Art League of Fort Myers, Arts for ACT Gallery, The Studio, Sidney & Berne Davis Art Center, Grand Illusion Gallery, Timeless Gallery, Reverie & Rock Art Gallery, Miville Art Gallery and Bootleggers Alley Gallery.

- Art galleries outside the core downtown area are American Legion, Veterans Gallery, Ollie Mack Gentry Photography and Two Newts Gallery.
- Free Art Walk Trolley stops in front of the Florida Repertory Theatre on Bay Street, at the parking garage on Bay Street, below the bridge on Heitman Street, Bayside at West First Street,

Altamont at West First Street, by the Patio De Leon on Main Street, Jackson and Main Street corner, at the American Legion, at Unit A on Evans, at the Langford Kingston House at First Street and Fowler

- Live music: Flashbacks on First Street
- Kids zones, face painting on First Street by Dallas

Davis Art Center will feature the best of the Art Council of Southwest Florida and the Art Quilters Unlimited *Cityscapes: A Slice of Fort Myers*.

Arts for ACT Gallery will feature *New Work* by Scott Guelcher, *Kings and Queens and Other Things* by Jeff and Dale Ocasio and Art by Kids with Cancer.

Streets will be closed for this event. Park at a free lot and ride the trolley into the historic River District. Fort Myers Art Walk is a free family friendly event.✪



**The Irrera Brothers Duo revive the classics for music lovers at Shell Point Retirement Community on February 22 at 7 p.m.**

## From page 1 Shell Point Upcoming Concerts

Revive the classics with the critically acclaimed Irrera Brothers Duo, presented by Shell Point's Concerts & Conversations Series on Monday, February 22 at 7 p.m. in the Grand Cypress Room at The Woodlands. Joseph Irrera, on piano, and brother John, on violin, have captivated audiences throughout the United States and abroad from a young age. Tickets cost \$25 and may be bought online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts) or by calling 454-2067.✪



**Swinging Bridge**

## From page 1 Bluegrass At The Alliance

Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard just south of Colonial Boulevard in Fort Myers.✪

## American Legion Post 274

On Friday, January 29, the Kiwanis Club meets at the legion for breakfast at 7:30 a.m.

Harry Boyle plays from 7:30 to 10:30 p.m. and buests may choose between a fried fish/shrimp/crab cakes/New England clam chowder dinner or baked chicken dinner.

On Saturday, January 30, the pool

league plays at 1 p.m. Queen of Hearts starts at 7 p.m. Choose either a prime rib or a baked fish dinner. Harry Boyle plays from 7:30 to 10:30 p.m.

On Sunday, January 31, a breakfast buffet is served from 8:30 to 11 a.m. Bingo runs from noon to 3 p.m. Karaoke with Mike Russell is held from 6 to 10 p.m.

Also on Sunday from 8 a.m. until noon, the American Legion Auxiliary Unit 274 is holding an outdoor flea

continued on page 6

# IL TESORO RISTORANTE

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## Alliance Exhibit To Feature Antonio Guerrero



The Alliance for the Arts' February exhibit features paintings by Miami-based Cuban American artist Antonio Guerrero. His vivid, fantastical and surreal works have been shown in galleries and museums around the world and he has won numerous awards and distinctions over the past two decades. The exhibit will be on display beginning Friday, February 5 and there

will be an opening reception on Friday, February 12 at 5 p.m. Guerrero will lead a Gallery Walk & Talk on Saturday, February 13 at 10 a.m. The exhibit remains on display through February 27. Guerrero was born in 1968 in Matanzas Cuba, under the Castro regime. He grew up in a household where artistic expression was appreciated and encouraged; although materials were not always available, his dreams and ideas were always abundant.

In 1986 Guerrero was drafted into the army and immediately transported to Africa to fight in the Ethiopian War. He was inspired by the people and scenes of Africa and he developed an interest in modern expressionism and began to experiment with modern forms of visual art. The popularity of his work led to exhibits of his paintings at the military base.

Guerrero returned to Cuba in 1988 where he resumed his job as an artisan specializing in painting, engraving wood carving, sculpting and metal work. Feeling increasingly oppressed by Cuba's government, and unhappy with the worsening living conditions, Guerrero, along with two other men, climbed into a raft they had secretly designed and built. Floating off from the coast of Matanzas, they were



**art, jesus my lord, el boxeador by Antonio Guerrero**

at sea for five days before being rescued and brought to the U.S.

In January 1995 Guerrero's *Balseros del 92*, (*The Rafters of 92*) was exhibited at Vanidades Gallery in Miami. This painting was part of a collection donated to the Jose Marti Foundation in order to raise money for Florida International University student scholarships. This portrait of himself along with his cousin and friend fleeing Cuba was said to best commemorate the occasion. On May 17, 1996 Guerrero's work was exhibited by U.S. Rep. Ileana Ros-Lehtinen in Washington D.C. as a part of the *Cubans in Exile* exhibit.

In 2012 Guerrero was one of four Cuban artists in the world chosen by Bacardi to express the feeling of liberation and the openness of the Cuban spirit during the time of Bacardi's legendary parties to celebrate its 150th anniversary.

Guerrero sees the world as a cosmic stage for human activity. "I'm in the system like a computer programmer writing

codes with my sketchbook and brushes, playing the critic, here to create and program the unconscious. Apart from all the trouble we cause ourselves, I believe we are immersed in a powerful and beautiful mystery. The fact of our existence is a great riddle to me," he said.

The opening reception is free and open to the public.

Artwork by David Belling will be displayed in the Member Gallery. Paintings by Guy Tieman will be featured in the Foulds Theatre Lobby.

Visit [www.ArtInLee.org](http://www.ArtInLee.org) or call 939-2787 to learn more about the exhibits.

The Alliance for the Arts supports artists and arts organizations in the area as the state designated Local Arts Agency for Lee County. The alliance campus and galleries are open to the public from 9 a.m. to 5 p.m. Monday through Friday and from 9 a.m. to 1 p.m. on Saturdays, located at 10091 McGregor Boulevard, south of Colonial Boulevard in Fort Myers.\*



**Arte Rojo, Red Art, Woman Rute, Contemporary Art, Arte Contemporaneo by Antonio Guerrero**

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## Arts & Crafts Fair

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The Calendar Girls

photo by Sam Johnson

## Calendar Girls Present Music With Passion

Music and passion are always in fashion with The Calendar Girls here in Southwest Florida. Invite these ladies to merengue at your next get-together and watch us put a smile on your face. The Calendar Girls have been sponsoring Guide Dogs For Veterans since 2006. Visit [www.calendargirlsflorida.com](http://www.calendargirlsflorida.com) for more information.\*

## Plant And Garden Art Sale

On Saturday March 12, the Garden Club of Cape Coral will present its annual fundraiser, March in the Park, a plant and garden art sale. This sale will be held at Jaycee Park from 9 a.m. to 3 p.m.

In attendance will be over 40 vendors, including the Garden Cub, with palm trees, shrubs, natives, bromeliads, perennials and ground covers. Unique garden art, including gourds, glass towers, sea shell designs, stepping stones and natural soaps oils and salts will be on hand.

The Lee County Extension Master Gardeners will be available all day to answer gardening questions or problems.

Speakers will make informative presentations every hour throughout the day on earth boxes, Biochar, palm trees and a demo on weaving palms.

A kids' booth will be manned by garden club members with creative projects for all ages.

Food, music and raffle items will be available all day. Opportunity drawing items include a hand-painted rain barrel; a garden cart filled with plants and gardening items; two tickets to Broadway Palm Dinner Theater; two tickets to Edison Ford Winter Estates; four tickets to Cultural Park Theater; plus donations from all vendors. Opportunity drawings will be \$1 each or six for \$5 and can be purchased the day of event or before from any garden club member.

The club is still looking for sponsors and appreciates any and all donations.

From page 1

## Lions Club Shrimp Festival

Another accolade up for grabs again this year is the People's Choice Award for the contestant who collects the most money in donations from the crowd.

"It may be something in the water that causes the shrimp brought into the Fort Myers Beach to taste so amazing but you can be sure that no contestant will go away hungry," said event chair Shelby Peters. "We are in search of 'celebrity eaters' to join in the activities this year and have issued a challenge to one of Lee County's finest county commissioners to join in the eating contest."

Also needed are sponsors who, with their eating contestant will receive promotional inclusion in the festival's printed and social media venues as well as participate in the parade on Saturday, March 12. Sponsorships are \$250, with all proceeds going to Lions Charities.

Information and applications are available at [eatingcontest@beachshrimpfestival.com](mailto:eatingcontest@beachshrimpfestival.com) and all event information can be found at [BeachShrimpFestival.com](http://BeachShrimpFestival.com).\*

The Garden Club of Cape Coral is a non-profit organization and all proceeds from this event go to its initiatives which include: Marty Ward Merit Awards for Cape Coral High School seniors; youths going to Camp Wekiva; donations to Habitat for Humanity; and local middle and high school garden projects. The garden club members also work in the Library Butterfly Garden, the Historical Society Rose Garden and the city hall garden.

Admission and parking are free. For more information, visit [www.gardenclubofcapecoral.com](http://www.gardenclubofcapecoral.com) or contact Ginny at 257-2654.\*

## HORTOONS



From page 4

## American Legion

market. Entry is free for shoppers and \$15 per space for vendors. Contact Judy Pitts, auxiliary president, at 466-6330 for further information about the flea market.

On Monday, February 1, the pool league plays at 6 p.m. A pot roast dinner will be served. Monday is also monthly Theme Night. Prizes are awarded for best costume and to winners of the dance competition. February's theme is Western.

On Tuesday, February 2, choose from fettuccine Alfredo with 25 shrimp or a fried chicken dinner. Mega-Money is at 6:30 p.m. The Gregg Allan Van Show plays from 7 to 10 p.m.

On Wednesday, February 3, the SAL meeting begins at 5:30 p.m. Bingo is played from 6:30 to 9:30 p.m.

On Thursday, February 4, a baby back ribs dinner will be served. The Classics play from 6 to 9 p.m.

Dinner is served nightly from 5 to 7 p.m.

The American Legion Melvin Cowart Post 274 is located at 899 Buttonwood Drive in Fort Myers Beach. For more information, call 463-6591.\*

# Life Enrichment Series

## New Opportunities at Shell Point

The public is invited and many of these events are **FREE**!  
Shell Point's Life Enrichment Series offers the opportunity to discover new things about yourself and the world you live in. Concerts, presentations, lectures, shows, special events, and more!

explore imagine laugh learn play create inspire

**Feb  
2016**



### Feb 1 Duke Ellington Orchestra

at 7:30pm. Mercer Ellington will draw on three generations of musical history as he leads the orchestra and preserves the legacy of his grandfather, the great Duke Ellington – one of the most prolific American composers of the 20th century. **Tickets are \$35 online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.**

### Feb 4 **SWFL Symphony, Symphonic Folklore: Mendelssohn, De Falla, Copland**



at 7:30pm. Maestro Nir Kabaretti and the Southwest Florida Symphony will offer performances of Mendelssohn's Italian Symphony, De Falla's El Amor Brujo, and Copland's Old American Songs.

**Tickets are \$25 online at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067.**



### Feb 6 **Lunch and Trivia Quiz: The World We Live In**

from 12:15 to 2:15pm. Embark on a world diversity tour with Professor Adrian Kerr during

this light-hearted interactive talk, accompanied by a boxed lunch. **Cost is \$20; Call (239) 489-8472 to reserve your place.\***



## Discover Shell Point: Presentation & Tour

### **FREE** Feb 2, 3, 9, 10, 16, 17, 23 & 24

Learn more about Shell Point's signature Lifestyle with Lifecare, followed by a narrated bus tour that will showcase the community's resort-style retirement options and amenities. **Admission is free. Call (239) 228-4080 or 1-800-780-1131 to reserve your place.**



### Feb 5 & 16

#### **A Salute to Shakespeare: Histories and Comedies**

Two sessions from 10am to noon. Dive into Shakespeare with Shell Point resident Ray Boyce, with a February 5 presentation that examines "Richard II" and the fundamental conflict between a God-anointed king and one supported by men. On February 16, study the diverse array of storylines and characters in Shakespeare's well-known "Love's Labour's Lost." **Sessions are \$10 each. Call (239) 489-8472 to reserve your place.\***



### Feb 9 **A Night at the Oscars: The Hollywood Concert Orchestra**

at 7:30pm. Shell Point's Fine and Performing Arts Series brings the Hollywood Concert Orchestra on stage to perform *A Night at the Oscars*. Hear highlights from movie, television, and Broadway favorites as performed by the Hollywood Concert Orchestra. **Tickets are \$35 at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts), or call (239) 454-2067 to reserve your place.**



*\*If you are unable to attend a class that includes a fee, kindly give 24 hours notice to receive a refund.*

**SHELL POINT**  
Retirement Community

Shell Point is a non-profit ministry of The Christian and Missionary Alliance Foundation

**Visit [www.shellpoint.org/events](http://www.shellpoint.org/events)  
for full listings of this month's events!**

Shell Point is located in Fort Myers, 2 miles before the Sanibel Causeway.

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# Along The River



The annual Edison & Ford Winter Estates Antique Car Show is this Saturday

On the first weekend in February, **ArtFest** enlivens the Fort Myers waterfront with exceptional art, entertainment and children’s art activities. Attendees will discover high-quality, Made-in-the-USA original art by more than 200 artists. Whether you’re a new or experienced art lover, you’ll find something wonderful to add to your personal collection.

Watching your budget? You’ll find beautiful art in a wide range of prices – truly something for everyone. Avid collector on the hunt for unusual treasures? They have you covered. This is a highly selective juried show. You’ll get to meet the artists, face to face. Refresh yourself with delightful food and music. And have fun with the whole family.

ArtFest Fort Myers opens with a VIP reception on Friday, February 5 from 6 to 9 p.m. On Saturday and Sunday, it is open from 10 a.m. to 5 p.m. Downtown Fort Myers is easy to get to and there’s plenty of parking – or you may choose to bike, kayak or boat to the festival. The GPS address is 1375 Monroe Street, Fort Myers.

# Synergy

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Sunday is Funday at the Butterfly Estates. The monthly event is free for the entire family.

Another “must do” in the River District social scene is the monthly **Art Walk**. Held on the first Friday of each month from 6 to 10 p.m., more than 11 art galleries invite locals and visitors to a self-guided walking tour throughout the historic downtown Fort Myers River District core and the Gardner’s Park area. Art enthusiasts can meet the artists at most of the galleries and enjoy live art demonstrations. Free to the public, many venues feature additional attractions and specials.

For more information, go to [www.fortmyersartwalk.com](http://www.fortmyersartwalk.com) or call Claudia Goode at the Arts for ACT Gallery at 337-5050.

On Saturday, February 6 from 10 a.m. to 2 p.m., the Edison & Ford Winter Estates continue the celebration of Thomas Edison’s birthday by hosting the **Edison Ford Antique Car Show**. Over 170 antique cars will be on exhibit from local car clubs and other classic car owners who will showcase their cars on the Ford lawn, in a fitting tribute to the legacy of Henry Ford, pioneer of the automobile industry and a winter resident of Fort Myers. Classic cars will be showcased on the Ford property. Owners will be on hand to visit with guests and answer questions.

In addition to the car show, other special programs during the day include:

- Model T Tour and Lecture with Edison Ford staff and car owners.
- Live music.
- Henry and Clara Ford characters leading informal tours throughout the event.
- Food vendors available on the Ford lawn.

A portion of the proceeds from the Edison Ford Antique Car Show will benefit the restoration of the antique car collection of the Estates.

The Edison & Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. Call 334-7419 or visit [www.edisonfordwinterestates.org](http://www.edisonfordwinterestates.org).

On the first Sunday of every month, the non-profit organization called The Florida Native Butterfly Society opens its doors to the public with free admission to the **Butterfly Estates**. The purpose of the monthly event is to expose residents and visitors to the importance of Florida’s incredible butterflies. The organization hopes to inspire guests to plant butterfly gardens to support and increase natural populations. Enjoy many new vendors every month, kids projects and activities.

The Butterfly Estate’s educational facility, complete with a 3,600 square foot glass butterfly conservatory, is providing the appropriate educational programs and involved research projects that are helping butterfly populations flourish throughout the state. The small facility is home of The Florida Native Butterfly Society and is located in Gardner’s Park in the downtown Fort Myers River District. The inspiration for the venue is the Southwest Florida natural environment.

The Butterfly Estates is located at 1815 Fowler Street, Fort Myers. It is open Tuesday through Sunday from 10 a.m. to 5 p.m. For more information, call 690-2359 or go to [www.thebutterflyestates.com](http://www.thebutterflyestates.com).

If you prefer to listen to live music with a sandy backdrop, why not head to Fort Myers Beach this weekend?

The **Sunset Celebration** takes place every Friday and Saturday evening from 5 to 10 p.m. Times Square is the location for the free concert series. On Fridays, High Tide plays their special blend of rock, reggae, and R&B. Saturday features a performances from one of the area’s most popular bands.

For more information about Sunset Celebration, call 463-5900.

Did you know that the Fort Myers Beach Shrimping fleet is the largest commercial fishing fleet in the Gulf of Mexico? Shrimping, known as Pink Gold, contributes millions of dollars to the local economy.

On Wednesdays, the **Ostego Bay Foundation Marine Science Center** offers a three-hour guided tour. The cost is \$15 per adult and \$10 for children over six years of age. Reservations are required.

Learn where the shrimp that is served at Shrimp Fest comes from and how the boats are unloaded, the trawl doors are built, the shrimp nets are hand-sewn, the seafood is processed, and other important factors used in this unique industry.

Ostego Bay Foundation is located at 718 Fisherman’s Wharf on Fort Myers Beach. Call 765-8101 or visit [www.ostegobay.org](http://www.ostegobay.org).✧

# FORT MYERS FARE

**Dining From Downtown's Historic River District To The Beaches**  
For more information, check out our advertisers in this week's *River Weekly*

## DOC FORD'S RUM BAR & GRILLE

Doc Ford's Rum Bar & Grille is named for the Doc Ford character in local author Randy Wayne White's best-selling mystery novels.

It's a well known gathering place with indoor and outdoor patio seating. The combined menu offers all the lunch and dinner items from 11 a.m. until closing. It includes cedar plank salmon topped with a mango chipotle glaze or a marinated grilled chicken sandwich and there's a well provisioned raw bar. Tropical drinks are a specialty, notably the signature rum drink, Island Mojito.

708 Fisherman's Wharf, Fort Myers Beach. Call 765-9660.

## ICHIBAN

Ichiban is a downtown favorite for Chinese and Japanese cuisine. The name means "Number One" in Japanese and offers its customers the perfect balance of great quality and affordable prices. Ichiban has been family owned and operated for ten years and its enduring popularity is a testament to its exceptional, friendly service.

1520 Broadway #106, Fort Myers. Call 334-6991.



Fresh sushi from Ichiban: salmon roe, shrimp tempura roll and salmon sashimi

## ISLAND COW

Where can you go when you're in the mooood for some great cook'in, local fun and prices that won't make you lose the farm? Try Island Cow on Sanibel.

Island Cow is an airy bistro with french doors leading out to the front and back patios. It is open daily for breakfast, lunch and dinner. Dine under the stars

while you listen to live music on one of Sanibel's only al fresco eating porches.

2163 Periwinkle Way, Sanibel. Call 472-0606.

## SS HOOKERS

Get hooked on great cuisine and spir-its at SS Hookers. The restaurant pays tribute to the rich history of Punta Rassa,

the home of big game fishing. It serves American cuisine with a Cajun twist. Waterfront dining is available daily for breakfast, lunch and dinner.

After a triumphant day of fishing, bring your catch to the restaurant: "If you hook it, our chef will cook it."

A late night bar features live music nightly. A fresh seafood market, bait shop and gifts are also on site.

17501 Harbour Pointe Drive, Fort Myers. Call 466-5377.\*

## MOAA Meeting

The next meeting of the Lee Coast Chapter of MOAA (Military Officers Association of America) will be held at Crown Colony Golf and Country Club at 5:45 p.m. on Monday, February 8. The speaker will be Dan Perkins, on the topic of his foundation, Songs and Stories for Soldiers, which helps soldiers and vets deal with one of the side-effects of PTSD, namely sleep deprivation. Perkins is also an author and a registered financial advisor.

Former, retired or active duty uniformed officers who are interested in joining MOAA may contact Jeff Nichols at 515-720-5204 for membership information.\*

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## Churches/Temples

### ALL FAITHS UNITARIAN CONGREGATION (UUA)

2756 McGregor Boulevard, Fort Myers. Sunday Services 9 and 11 a.m., Adult Education Workshop 10 a.m., Reverend Margaret L. Beard, Minister. 226-0900. [www.allfaiths-uc.org](http://www.allfaiths-uc.org)

### ALL SAINTS BYZANTINE RITE CATHOLIC CHURCH

10291 Bayshore Road, North Fort Myers Divine Liturgy Sunday 10:30 a.m.; Rosary begins 10 a.m. Lenten services (Presanctified Liturgy) will be on Wednesday evenings at 6 p.m. starting February. Very Reverend Peter Lickman, 305-651-0991. Church of the Eastern Catholic or Byzantine Rite, 1.5 mi. east of Interstate 75.

### ANNUNCIATION GREEK ORTHODOX CHURCH

8210 Cypress Lake Drive, Fort Myers Reverend Fr. Dean Nastos, Proistamenos Orthros Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., [www.annunciation.fl.goarch.org](http://www.annunciation.fl.goarch.org), 481-2099

### BETH SHILOH

#### MESSIANIC SYNAGOGUE

15675 McGregor Boulevard. Rabbi Judah Hungerman. Friday Service, 8 p.m., Saturday Service, 11 a.m. Shabbat School Saturday Morning, Adult Hebrew Classes. Call for information 437-3171

### BREAD OF LIFE MINISTRIES CHURCH OF GOD

16581 McGregor Boulevard, 267-3166 Just past the Tanger Outlet Mall. Pastor Barry Lentz, 281-3063. Sunday Worship, 10:30 a.m., Wednesday Bible Study, 7 p.m.

### CHABAD LUBAVITCH

#### OF SW FLORIDA ORTHODOX

5620 Winkler Road, Fort Myers. Rabbi Yitzchok Minkowicz. 433-7708, [rabbi@chabadswf.org](mailto:rabbi@chabadswf.org). [www.chabadswf.org](http://www.chabadswf.org). Friday service 6:30 p.m.; Saturday Kabbalah class 9 a.m.; Shacharit 10 a.m.; Kiddush at noon. Minyan Monday and Thursday 7 a.m.

### CHAPEL OF CYPRESS COVE

10200 Cypress Cove Circle Fort Myers 850-3943, Located at Cypress Cove Retirement Center on HealthPark Campus An ecumenical non-denominational community of believers. Sunday Worship Service, 10 a.m.; Wednesday Bible Study, 7 p.m. Reverend Ted Althouse, Pastor [revtedalthouse@aol.com](mailto:revtedalthouse@aol.com)

### CHURCH OF THE CROSS

13500 Freshman Lane; 768-2188. Pastor Bud Stephens; A nondemonimational church emphasizing a personal relationship with Jesus Christ. Sunday Service: 9:15 a.m. Traditional, 10:45 Contemporary.

### CONGREGATIONAL CHURCH

1619 Llewellyn Drive Fort Myers. Just off McGregor across from the Edison/Ford Winter Estates 334-4978, Pastor Douglas Kelchner, Worship times Sunday's 9 and 10:30 a.m. Website: [www.taecc.com](http://www.taecc.com)

### COVENANT PRESBYTERIAN CHURCH

2439 McGregor Boulevard, 334-8937 Reverend Dr. Jeffrey DeYoe, Senior Pastor Reverend David Dietzel, Pastor Emeritus. Traditional Sunday service 10 a.m. Nursery available.

### CYPRESS LAKE BAPTIST CHURCH

8400 Cypress Lake Drive, Fort Myers, 481-5442 Randy A. Alston, Reverend. Sunday Services: Bible study, 9:45 a.m. Morning Worship, 11 a.m., Evening Worship, 7 p.m., Wednesday Prayer Meeting, 6:30 p.m.

### CYPRESS LAKE

#### PRESBYTERIAN CHURCH

8260 Cypress Lake Drive, Fort Myers, 481-3233. [www.clpc.us](http://www.clpc.us). Clint Cottrell, Pastor. Prayer Service 8 a.m., Praise 9 a.m., Children's Church 9 a.m., Traditional 11 a.m. Summer Prayer Service 8 a.m.

Combined Traditional/Praise 10 a.m.

### CYPRESS LAKE UNITED

#### METHODIST CHURCH

8570 Cypress Lake Drive, Fort Myers, 482-1250, 8 and 11 a.m. Sunday Traditional Service 9:30 a.m. Praise Service Sunday School all times.

### FAITH FELLOWSHIP WORLD

#### OUTREACH MINISTRIES

6111 South Pointe Boulevard, Fort Myers, 278-3638. Sunday Worship, 10:30 a.m.; Voice of Faith, WCRN 13.50 AM Radio, Sunday, 1:30 p.m.; Thursday Service, 7:30 p.m.; Friday Youth Service, 7:30 p.m.

Nursery care for pre-school children and Children's Church ages 5 to 12 available.

### FAITH UNITED METHODIST CHURCH

15690 McGregor Boulevard, Fort Myers, 482-2030. Pastor David Stauffer. Traditional Service Sunday 8:45 a.m., Contemporary Service Sunday 10:30 a.m. Go south on McGregor Boulevard. The church is ½ mile past the intersection of Gladiolus and San Carlos Boulevard on the way to Sanibel.

### FIRST CHURCH OF CHRIST, SCIENTIST

2390 West First Street, next door to Edison Estates. 10:30 a.m. Sunday Service and Sunday School; 12 noon Wednesday Testimony Meeting. Child care provided at services. Reading Room located in church building for quiet study and information about Christian Science. Monday and Friday noon to 4 p.m., Wednesday 1 to 4 p.m. [christiansciencefortmyers.net](http://christiansciencefortmyers.net), [christianscience.com](http://christianscience.com)

### FIRST CHURCH OF THE NAZARENE

13545 American Colony Boulevard off Daniels Parkway in the Colony, Fort Myers, 936-2511 Pastor Reverend Joey Brummett Sunday School: 9:30 a.m.; Morning Worship, 10:30 a.m.; Sunday Evening, 6 p.m.; Wednesday Family Night, 7 p.m.

### FIRST UNITED METHODIST CHURCH

Downtown Fort Myers River District, 2466 First Street, 332-1152. [www.fumcftmyers.org](http://www.fumcftmyers.org). Sunday Services: 9:30 a.m. Sunday School; 10:30 a.m. Blended Church Service; 5:30 p.m. Youth Group.

### FORT MYERS CHRISTIAN CHURCH (DISCIPLES OF CHRIST) A STEPHEN MINISTRIES CONGREGATION

5916 Winkler Road, Fort Myers, 437-4330 Pastor Reverend Mark Condrey. Sunday Worship 10:30 a.m., Church School 9:15 a.m.

### FORT MYERS CONGREGATIONAL

#### UNITED CHURCH OF CHRIST:

8210 College Parkway, Fort Myers. 482-3133. Philip White, pastor. Morning Worship: 10 a.m., Church School: 10:15 a.m., Adult Forum: 11:30 a.m.

### IONA-HOPE EPISCOPAL CONGREGATION

9650 Gladiolus Drive, Fort Myers 454-4778. Reverend Ray Buchanan Rector. Saturday 5 p.m., Eucharist with Healing; Sunday 8 a.m., Holy Eucharist, Rite One; 9:30 a.m., Family Eucharist with Healing and Church School. Tuesday 9:30 a.m., Morning Prayer (in Spanish); Wednesday 9:30 a.m., Eucharist with Healing. Child care available Saturday 5 p.m. and Sunday 9:30 a.m. services.

### JESUS THE WORKER

#### CATHOLIC CHURCH

881 Nuna Avenue, Fort Myers, 481-1143 Masses Friday and Saturday, 7 p.m.; Sunday, 8 and 10 a.m. and 6 p.m.

### KINGDOM LIFE CHURCH

2154 McGregor Boulevard, Fort Myers, 218-8343. Pastor Randy and Anita Thurman. 10:30 a.m. Sunday Service.

### LAMB OF GOD CHURCH

A few federated Lutheran (ELCA) and Episcopal Congregation. 19691 Cypress View Drive, Fort Myers. 267-3525. [www.lambofgodchurch.net](http://www.lambofgodchurch.net). Reverend Dr. James Reho. Sunday 7:45 and 10 a.m. Sunday's Cool for Children 10 a.m.

### NEW BEGINNINGS CENTER

New Home Church, 8505 Jenny Cae Lane, North Fort Myers, 656-0416. Weekly Friday meeting meet and greet 6:30 p.m. Kingdom Teaching 7 p.m. Fellowship and refreshments. [nbcministry@embarkmail.com](mailto:nbcministry@embarkmail.com), [www.facebook.com/nbcministry](http://www.facebook.com/nbcministry). Alex and Patricia Wiggins, Ministers

### NEW COVENANT EYES CHURCH

See Clearly. Meeting monthly at 9 a.m. at the Elks Lodge. 1900 Park Meadows Drive, Fort Myers. 220-8519. Pastor Alan Bondar. [www.newcovenanteyes.com](http://www.newcovenanteyes.com). LIFT Kidz program, free coffee and donuts.

### NEW HOPE BAPTIST CHURCH

#### OF FORT MYERS

16120 San Carlos Boulevard, Unit 10. 985-8503. 9:45 a.m. Sunday School for all ages. 11 a.m. Sunday Morning Worship. 7 p.m. Wednesday Evening Bible Study.

### NEW HOPE PRESBYTERIAN CHURCH

3825 McGregor Boulevard. Fort Myers. Pastor Eddie Spencer. 8 and 9:30 a.m. Traditional Worship. 11 a.m. Contemporary Worship. 8, 9:30 and 11 a.m. Sunday School. Youth and Children's programming runs concurrent to Sunday services. Nursery care provided at all services. 274-1230. [www.newhopefortmyers.org](http://www.newhopefortmyers.org).

### PEACE COMMUNITY CHURCH

Fort Myers Beach Masonic Lodge. 17671 Pine Ridge Road. 267-7400 Pastors, Gail and RC Fleeman. Adult Discussion Classes 8:45 a.m. Countdown to Worship 10:10 a.m. Amazing Grace Worship: 10:30 a.m. [www.peacecommunitychurch.com](http://www.peacecommunitychurch.com).

### PEACE LUTHERAN CHURCH

Sunday Worship at 9:30 a.m. Peace a member of ELCA. Weekly communion with traditional liturgy, organ and choir. 15840 McGregor Boulevard, Fort Myers, on the way to Sanibel. 437-2599, [www.peaceftmyers.com](http://www.peaceftmyers.com), [peace@peaceftmyers.com](mailto:peace@peaceftmyers.com).

### REDEEMER LUTHERAN CHURCH

3950 Winkler Ext., Fort Myers, 274-0143 8:15 and 10:15 a.m. Sunday Services Daily early learning center/day care.

### RIVER OF LIFE ASSEMBLY OF GOD

21580 River Ranch Road, Estero. 495-0400, Senior Pastor Todd Weston. 8 and 9:45 a.m. Services; 11:30 a.m. Legacy Service, multi-generational.

### SAMUDRABADRA BUDDHIST CENTER

Meditation classes. Guided meditations, methods to relax body and focus mind on virtuous objects. Bring peace and happiness into daily activity. 567-9739. [www.MeditationInFortMyers.org](http://www.MeditationInFortMyers.org).

### SAINT COLUMBKILLE

#### CATHOLIC CHURCH

12171 Iona Road, Fort Myers, off McGregor and north of Gladiolus. 489-3973 Father Joseph Clifford. Monday through Saturday 8 a.m. Saturday 3 and 5 p.m.; Sunday 7, 9, 11 a.m. and 5:30 p.m. Reconciliation Saturdays 12 noon and by appointment.

### ST. FRANCIS XAVIER

#### CATHOLIC CHURCH

2157 Cleveland Avenue, Fort Myers, 334-2161. Masses: Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 12:15, 4 Creole and 6 p.m.

### SAINT JOHN THE APOSTLE

#### METROPOLITAN COMMUNITY CHURCH

3049 McGregor Boulevard, Fort Myers, 344-0012. Pastor Reverend Steve Filizzi. An Affirming and Inclusive Congregation Sunday Services 10 a.m.

### SAINT MICHAEL LUTHERAN

#### CHURCH & SCHOOL (LCMS)

3595 Broadway, Fort Myers, 939-1218, Worship: Saturday 5:30 p.m., Sunday 8 and 10:45 a.m. Bible Study for adults and children Sunday at 9:15 a.m.

### SAINT PETER LUTHERAN CHURCH

3751 Estero Boulevard, Fort Myers Beach, 463-4251, [www.stpeterfmb.com](http://www.stpeterfmb.com).

Sunday services at 8:30 and 10:30 a.m.

### SAINT NICHOLAS MONASTERY

Church and Bookstore. 111 Evergreen Road (southwest corner of Evergreen Road and Gail Street.) Liturgical services conducted in English and Church Slavonic; following the Julian (Old) Calendar. Liturgical Services Sundays and Holy Days 9:30 a.m. Holy Liturgy 0 a.m. Call to confirm service schedule: 997-2847; Bookstore 691-1775. [www.saintnicholasmonastery.org](http://www.saintnicholasmonastery.org).

### ST. VINCENT DE PAUL

#### CATHOLIC COMMUNITY

13031 Palm Beach Boulevard (3 miles east of I75) East Fort Myers (across from Fort Myers Shores) 693-0818. 9 a.m. Tuesday through Friday. 4 p.m. Saturday, 9 and 11 a.m. Sunday.

### SOUTHWEST BAPTIST CHURCH

16940 McGregor Boulevard, Fort Myers, 454-3336. Robert G. Kasten Pastor. Sunday 11 a.m. Nursery 9:45 a.m. Sunday School all ages. Junior Church grades one to five. Wee Church Pre-K to K. Evening Service 6 p.m. Wednesday Service 6 p.m.

### TEMPLE BETHEL SYNAGOGUE

16225 Winkler Road Fort Myers. 433-0018, [www.templebethel.com](http://www.templebethel.com). Rabbi. Barras@templebethel.com. Rabbi Jeremy Barras, Cantor Victor Geigner, Religious School Director Dale Cohen, Learning Tree Director Jesyca Virnig, Office Manager Inna Vasser. Union For Reform Judaism Shabbat Service Friday 7:30 p.m., Torah Study Saturday 9:30 a.m. Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. Learning Tree Monday through Friday.

### TEMPLE JUDEA (CONSERVATIVE)

14486 A&W Bulb Road, Fort Myers, 433-0201, Rabbi: Rabbi Marc Sack Minyan: Monday at 9 a.m. Religious Education: Sunday mornings and Wednesday evenings. Services Friday 6:30 p.m. and Saturday 9 a.m. [www.tjswfl.org](http://www.tjswfl.org).

### THE NEW CHURCH

The New Church of SWFL, 10811 Sunset Plaza Circle #401, behind Zoomers. Reverend Gabriella Cahaley. Sundays 11 a.m. during the season. Other worship events on Fort Myers Beach. <http://www.newchurchflorida.com>. 481-5535.

### UNITARIAN UNIVERSALIST

#### CHURCH FORT MYERS

13411 Shire Lane (off Daniels Parkway one mile west of I-75). Minister The Reverend Allison Farnum. Sunday services and religious education at 10:30 a.m. 561-2700. [www.uucfm.org](http://www.uucfm.org).

### UNITY OF BONITA SPRINGS

28285 Imperial Street, Bonita Springs. 947-3100. Family Service 10 to 11 a.m. Healing Circle 11 a.m. Hospitality and Fellowship, 11 a.m. Inspiring lesson, uplifting and dynamic music, meditation in a loving environment.

### UNITY OF FORT MYERS

1120 Ranchette Road, Fort Myers Sunday Services 9:15 and 11 a.m. Children's classes 11 a.m. Reverend Jim Rosemergy. 278-1511, [www.unityoffortmyers.org](http://www.unityoffortmyers.org). Our God is Love, Our Race is Human, Our Religion is Oneness

### WESTMINSTER PRESBYTERIAN CHURCH

9065 Ligon Court, Fort Myers, across from HealthPark Hospital, 481-2125. Senior Pastor Robert Brunson. Sunday 9:30 a.m. Sunday School for all ages. 11 a.m. Blended Worship. [www.westminsterfortmyers.org](http://www.westminsterfortmyers.org)

### WORD OF LIFE CHURCH

2120 Collier Avenue, Fort Myers. 274-8881. Sunday 10 a.m.; Wednesday 7 p.m. Bishop Gaspar and Michele Anastasi

### ZION LUTHERAN CHURCH

7401 Winkler Road, Fort Myers. 481-4040. Pastor Curtis Deterding. Sunday 8 a.m. Traditional, 10:45 a.m. Blended, 9:30 a.m. Educational Hour. [www.zionfm.org](http://www.zionfm.org)✪



Kimberly Cambareri, second from left, winner of a 2015 Chrysler 200 in last year's car raffle, with family members and Bishop Frank J. Dewane of the Catholic Diocese of Venice

## Venetian Charity Ball Is Hosted By Bishop Dewane

Tickets are now on sale for the 2016 Venetian Charity Ball, benefitting the essential humanitarian work of Catholic Charities, Diocese of Venice, Inc. in Lee, Hendry and Glades counties. It starts at 6 p.m. on Saturday, March 12 at Hyatt Regency Coconut Point in Bonita Springs.

Hosted by Bishop Frank J. Dewane of the Catholic Diocese of Venice, the 17th

annual Venetian Charity Ball will feature cocktails, dinner, dancing, entertainment by the Paul Vesco Orchestra and a live auction. Dick and Betty Porell, the recipients of the 2016 Catholic Charities Frank Galeana Sr. Humanitarian Award, will be honored during the evening. In addition, one attendee will become the owner of a brand new 2016 Jeep Wrangler with a donation for the car raffle.

Several sponsorship opportunities are available, such as the Diamond and Platinum sponsors, featuring 20 or 10 VIP tickets, a one-night stay at the Hyatt Regency Coconut Point, a full-page ad in the event program, special recognition



Bishop Dewane and Lois Thome

and logo on Facebook, event and table signage, and recognition in the event program and in announcements at the ball.

Tickets are \$225 and a table for 10 is \$2,250.

Volunteers are also needed; call 337-4193, email VenetianBall@ccslee.org or visit [www.catholiccharitiesdov.org](http://www.catholiccharitiesdov.org).

The ball is the major fundraiser for Catholic Charities, a source of programs and services for thousands of needy families, individuals and seniors. Last year, in Lee, Hendry and Glades counties, Catholic Charities provided food

assistance to 45,000 people through three food pantries, screened over 4,000 applicants for food stamps and filed 1,795 food stamp applications on behalf of clients. Catholic Charities also provided in-home assistance to 89 seniors, tutored 175 children in the Positive Youth Development Program, administered intensive case management to 49 victims of human trafficking, offered substance abuse counseling to 36 clients, helped 498 people with immigration services, taught citizenship classes to 25 people and distributed infant supplies to 190 young mothers.✱

## Torah Study At Temple Judea

On Thursday, February 4 at noon, Temple Judea's Rabbi Sack begins a one hour Torah study that includes an open discussion of Torah and Judaism where all levels of background and all questions are encouraged.

The session is held on the first Thursday of the month at the office of Myers, Bretthoitz & Company, 12671 Whitehall Drive in Fort Myers. Bring a chumash if you have one. Rabbi Sack will bring the text for the session.

Temple Judea is located at 14486 A & W Bulb Road in Fort Myers. For more information, call 433-0201 or send an email to [tjswfl@gmail.com](mailto:tjswfl@gmail.com).✱

Read us online at [IslandSunNews.com](http://IslandSunNews.com)

SHELL POINT PRESENTS

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**SHELL POINT**  
Retirement Community

## Bad Weather: Time For Sheepshead



by Capt. Matt Mitchell

**P**lan on going fishing when the weather is as cold and windy as this past week was? To catch fish in these far from perfect weather conditions that we have been

dealing with, target the one species that feeds best during these nasty days: the sheepshead. Coolers full of these striped porgies are hitting fillet tables – then dinner tables – everywhere. Although sheepshead are not one of our more glamorous species, they can be relatively easy to catch, fight well on light tackle and make for great action – and a great meal – when no other species will even think about taking a

bait. When I have to catch fish during the worst the winter throws at us, the sheepshead is the go-to fish.

Our annual winter sheepshead spawn is now in full swing. Fishing for them has been on fire and will continue to go off all next month, too. Sheepshead are a shore anglers' delight and can be successfully caught in huge numbers from the many docks, piers, bridges and jetties throughout the area. The Sanibel Fishing Pier, Blind Pass bridge and the causeway are just a few of the places that quickly come to mind. Any coastal structure is holding fish; the bigger the structure, the more fish it will attract and hold. Along the beaches, look for blow downs to be loaded up with schools of sheepshead that during clear, calm water periods can even be sight-fished.

Take advantage of the coldest windy conditions Mother Nature throws at us, tough it out and go fish one of the well known sheepshead landing spots. If you can take the cold, this can be some of the best sheepshead fishing of the year. And better yet, during bad weather, you will often have it all to yourself. Hands down, shrimp catch more sheepshead



The biggest one of the week, a 21-inch sheepshead

than any other bait as they are the most easily accessible, although the true die-hard sheepshead fisherman swear by sand fleas, barnacles, oysters, tube worms and fiddler crabs to catch a real "Sheepzilla."

After just starting to think we might have escaped the worst of winter, this past two weeks our winter weather arrived in a major way, bringing dangerous thunderstorms, record January rainfall, strong winds and cold

front after cold front. No matter what the rest of our winter weather pattern holds for us, we can still go catch sheepshead until conditions improve.

*Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com). ✪*

## Send Us Your Fish Tales

**T**he River Weekly would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the River Weekly, 1609 Hendry Street, Suite 15, Fort Myers, Florida 33901, or email to [press@riverweekly.com](mailto:press@riverweekly.com).

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Dave Doane

## CROW Case Of The Week:

## Red-Tailed Hawk Needs Special Medicine



by Patricia Molloy

A red-tailed hawk was found down and unable to fly. The injured bird was wrapped in a towel and driven to CROW by a good Samaritan. The adult male was admitted as patient #16-143.

"He has kind of a strange history: just down, don't really know why. He's bright and alert and very mentally aware, but he can't really stand," said Dr. Andrea. "He's got motor sensation in his limbs, but he doesn't have a really good perching reflex. When I was trying to get him to talon a pen, he just stood there."

While palpating the hawk's right wing during its entrance exam, Dr. Andrea detected two hard objects under the skin. Radiographs revealed that the tiny pellets were metal: the hawk appeared to have been hit with buckshot.

"One is clearly just superficial and I just need to pull it out. It's under a layer of skin so I just couldn't get it without irritating him because he was awake. The other one looks like it might be in the bone. My plan is to (anesthetize) him and try to get those out," she explained.

While the hawk's blood work looks relatively normal, Dr. Andrea fears that the patient may have developed lead poisoning from the buckshot.

"To cause lead toxicity, you have to ingest lead. Just being shot with lead isn't going to cause lead toxicity, but he's showing neurological signs (consistent with the condition) so it's on my list. Just because you don't see that



**Radiographs revealed tiny pellets imbedded in the right wing of this red-tailed hawk. As a result of being shot, it is too weak to perch but is alert and mentally aware. The patient (#16-143) will undergo more tests, including one for lead toxicity. CROW does not have the funds to purchase the medicine it needs to treat lead toxicity.**

they have ingested it, doesn't mean he didn't. And the problem is that we don't really have the medication we would need to treat lead toxicity, if that's what it turns out to be. It's expensive. So, I'm trying to see if we can figure out a way around that issue."

If you would like to help this red-tailed hawk get the medicine that he needs to make a full recovery, go to CROW's website ([www.CrowClinic.org](http://www.CrowClinic.org)) and click on

Support Us or call the wildlife hospital at 472-3644.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: [www.crowclinic.org](http://www.crowclinic.org).

## A Shared Connection With A Blind Raccoon

by Jeff Lysiak

An accomplished deep sea diver who worked for more than a decade as an underwater cartographer for renowned marine researcher Jacques Cousteau has many stories to share.

While tales of tagging bull sharks in Mexico to witnessing humpback whale migrations off the coast of Hawaii may seem intriguing enough, the former Greenpeace volunteer enjoys telling a simple – yet remarkable – story about the first time he met Trouper, the blind raccoon.

"I had been married twice, and both times I lost my wife to cancer," said Cunningham, who lives in McKinney, Texas. "As a result, I was angry for a long time. But all of that went away after I held him for the first time."

The scuba veteran and Trouper, perhaps the best-known wildlife ambassador in Southwest Florida, will team up for a presentation on Friday, February 5 at Lakes Regional Library in Fort Myers. They will share their story of a special connection and subsequent friendship in a free program that starts at 2 p.m.

Trouper's caretaker, Dot Lee, recalled when she met Cunningham.

"I had asked him if he had any experi-



**Underwater cartographer Dave Cunningham cradles Trouper the blind raccoon in his lap. Both will take part in a special program at Lake Regional Library on February 5.**

ence with wildlife and he told me that he had, working with Jacques Cousteau," said Lee. "But I knew from the expression on his face that I had to let him hold Trouper."

Cunningham described the moment, too.

"The love that comes from that little guy is simply amazing," he added. "And he recognizes my voice every time I visit him."

During his professional career, which



**Dave Cunningham pictured during one of his dives in the waters off Hawaii**  
photos courtesy of Dave Cunningham

Cunningham will share during his library presentation, he joined Jacques Cousteau's marine research team, going on several expeditions with the famed scientist, filmmaker, author and inventor. In fact, Cunningham helped inspire the invention of one of Cousteau's diving masks.

According to Cunningham, one day Cousteau sat down next to the young

diver, asking if he felt OK. "He said, 'You look very green' and began asking me about my experiences, what I liked about being in the ocean... and what I didn't like about being in the ocean," he recalled. "I told him that I was kind of claustrophobic and said that I didn't like the way my mask felt. And he took a few notes while I was talking with him about my mask."

Approximately six to eight weeks later, Cunningham received a package in the mail.

"It was from Jacques Cousteau... it was a mask that he designed, with a hose connection at the nose which allows you to breathe in through the nose and out through the mouth," he added. "I think he called it the Evangelista model. It was a great honor to have influenced one of his inventions."

At the library, in addition to talking about his camaraderie with Trouper, Cunningham will also tell stories about his adventures with The Cousteau Society and Greenpeace, developing a "friendship" with a female humpback whale and her calf, and a harrowing experience diving inside an ancient Mayan underwater sacrificial pit filled with decapitated skulls and other human remains.

"I felt like I had encountered pure evil," said Cunningham, only the second Caucasian "outsider" to be invited to dive at Chichen Itza, in the Yucatan Peninsula. "It was very intimidating."

Lakes Regional Library is located at 15290 Bass Road in Fort Myers. Call 533-4000 for more information.\*

## Plant Smart

## Satinleaf

by Gerri Reaves

**S**atinleaf (*Chrysophyllum oliviforme*) is a wildlife-friendly evergreen tree native to South Florida's hammocks and pinelands. Many native-plant experts and enthusiasts agree that this tree should be planted more because of its ornamental and environmental value.

Although this member of the sapote family is widely cultivated for residential and commercial landscapes, its population in the wild justifies a "threatened" listing in the State of Florida. It is also on Lee County's Protected Tree List.

The tree's other common names include wild star-apple, damson plum and olive plum.

It can reach 40 feet or higher in South Florida, with an upright slender trunk with rough and thin reddish brown bark. It can also be trained as a shrub.

The crown is narrow and symmetrical and the branches arching.

The oval evergreen leaves are pointed and measure two to six inches long.

A breeze fluttering through the leaves creates a lovely effect, as their satiny bronze undersides – a coating of dense hairs – contrast with the glossy dark-green uppersides.

They are used medicinally to treat cuts and abrasions.

The fragrant five-lobed yellow-white flowers appear in inconspicuous clusters at the leaf-stem junctions. They bloom sporadically during the year but peak in



**Threatened native satinleaf's leaves have bronzy undersides and dark-green uppers**

summer to fall.

The small, olive-shaped purple-black fruit are sweet, edible, and full of milky latex juice. They are about an inch long and contain one or two seeds.

The rubbery skins can be chewed like chewing gum, and the fruit, can be used to make jam or left on the tree for wildlife.

Satinleaf has a slow to moderate growth rate and is long-lived. Other assets include moderate drought tolerance and disease-, pest- and storm-resistance.

It is virtually maintenance-free, but has low tolerance for salt water, salt wind or cold.

The tree prefers moist fertile well-drained soil in full sun to partial shade. Use it as a specimen, accent, background plant, or shade tree.

Satinleaf is a bit difficult to cultivate from the seeds, so it might be a species you'll want to purchase from a native-plant nursery.

Sources: *Florida Plants for Wildlife* by Craig N. Huegel, *A Gardener's Guide*

photo by Gerri Reaves

to Florida's Native Plants by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, *Wild Plants for Survival in South Florida and 500 Plants of South Florida* by Julia F. Morton, eatheweeds.com, edis.ifas.ufl.edu, fs.fed.us, fnps.org, freshfromflorida.com, ntb.org, and regionalconservation.org.

Plant Smart explores the diverse flora of South Florida.\*

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## 'Ding' Film Seeks Solutions To Collapsing Honeybee Population

**T**he film *Vanishing of the Bees* continues the 4th annual "Ding" Darling Wednesday Film Series on February 3 at 2:30 p.m. in the "Ding" Darling Visitor & Education Center auditorium.

Honeybees pollinate one-third of the food we eat, and they are threatened by a worldwide phenomenon known as Colony Collapse Disorder. This 87-minute film chronicles the fight and potential solutions to keep honeybees in our lives. While it investigates the alarming disappearance of honeybees, it also examines the greater meaning it holds about the relationship between mankind and mother earth.

"Ding" Darling Wildlife Society-Friends of the Refuge hosts the free eight-film, biweekly series with sponsorship from Sanibel-Captiva Beach Resorts. Seating is free, but limited and on a first-come basis.

Below are the season's remaining scheduled films. All showings begin at 2:30 p.m. For full descriptions of the films, visit [dingdarlingsociety.org/films](http://dingdarlingsociety.org/films).

February 17: *Sand Wars*  
March 2: *Plastic Paradise: The Great Pacific Garbage Patch*  
March 16: *Crash: The Tale of Two Species*  
March 30: *The End of the Line: Where Have All the Fish Gone?*  
April 13: *Bag It: Is Your Life Too Plastic?* ✱



"Ding" Darling's next film of the season

## February Events At Sidney & Berne Davis Art Center

Events and programs that will be featured during the month of February at the Sidney & Berne Davis Art Center will include:

February 1 – Fort Myers Film Festival: Thank God for Indie Mondays

Come join us for the last TGIM of the season. Watch short indie films submitted to the Fort Myers Film Festival and help decide whether or not it makes the grade for final programming during the annual festival held April 7 to 10.

Happy Hour at 6:30 p.m., films premier at 7 p.m. Tickets are \$10 for adults and \$8 for seniors and students. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.

February 5 – Art Walk in the Grand Atrium

The Art Council of Southwest Florida was established in 1963 and consists of 18 member leagues in Southwest Florida, with a combined membership of over 6,750. The council is a strong voice for the arts in the coastal region.

- Art Talk Tuesday & Closing Party will take place on February 16

- Art Walk in Downtown Fort Myers will be held from 6 to 10 p.m.

February 5 – Art Walk

Art Quilters Unlimited – Cityscapes: A Slice of Fort Myers in the Capital Gallery  
A complex kaleidoscope of techniques,

styles and imagery. Unique, quilted, fabric slice quilts of Fort Myers scenes that have special meaning to the artist. Each quilter has fashioned their Fiber Art from their own observations and feelings about the city and their favorite places.

Art Quilters Unlimited is an art guild of talented Fiber Artists working with cloth, thread and diverse quilting techniques to create extraordinary art.

- Art Talk Tuesday & Closing Party will take place on February 16

- Art Walk in Downtown Fort Myers will be held from 6 to 10 p.m.

February 11 – Connect Networking

Connect Networking is open to everyone and is an encouraging and positive group where people can get to know each other, expand business and personal relationships, and connect in their community. Come meet and listen to February's speaker, Dr. Gregory Sonn of Fort Myers. Connect Networking is held monthly on the second Thursday from 5:30 to 7:30 p.m. General admission is \$10; vendor tables are \$30.

February 12 – Chamber Music Series, Tango of Piazzolla: Darkness & The Angel

Through a seamless interweaving of narrative and music, explore Piazzolla from his own perspective as he tries to come to terms with his unlikely but extraordinary life. How did this complex, contradictory, always fascinating man with little conventional musical training emerge from a childhood on the "mean streets" of the Lower East Side to become the "savior of tango?" Join us

as we journey into the music – and soul – of the legendary Astor Piazzolla. The Chamber Music Series is sponsored by Rob and Ruth Diefenbach.

Mingling and cocktails begin at 7 p.m. followed by the performance at 8 p.m. Tickets are \$25 in advance or \$30 at the door. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.

February 15 – Author Lecture & Lunch Series

Savor a lunch and lecture with these Best-selling critically acclaimed authors. Sponsored by FineMark National Bank & Trust, the February 15 lecture will feature *New York Times* best-selling author Joseph Finder. Heralded as "one of the best thriller writers in the business" by the Associated Press, Finder never fails to bring readers a pulse-pounding and utterly original read. His 11 previous novels have landed him on multiple best-seller lists and earned some of the thriller world's most prestigious awards. His latest standalone, *The Fixer*, is his most terrifying thriller to date.

Finder will appear from noon to 2 p.m. Tickets are \$35; Series Tickets are \$100 for all four lectures; tables are also available. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.

February 16 – Art Talk Tuesday & Closing Party

Art Council of Southwest Florida & Art Quilters Unlimited

Meet the artist and join us for a walk and talk about the exhibiting artwork, learn about different mediums and see what inspires and evokes the artist to

create.

Event is held from 6 to 8 p.m. General admission is \$5; members are admitted for free.

February 18 – Art & Poetry Networking Event

Gulf Coast Leisure presents Art & Poetry Networking Events, showcasing the best art and poetry Southwest Florida has to offer. Artwork of every media is represented as well as music, spoken word, poetry, and crafts. Network with like-minded people and expand the artistic community.

Event is held monthly on the fourth Thursday at 8 p.m. General admission is \$10. Call 333-1933 or visit [www.sbdac.com](http://www.sbdac.com) for more information.

February 26 – 4P Music Network

This month's 4P Music Network is canceled due to the Art Walks The Runway Fashion Show. The next meeting date is TBA.

February 25 to 27 – Art Walks The Runway Fashion Week

Art and fashion collide as the 5th annual Art Walks The Runway Fashion Show returns to the Davis Art Center. On Thursday evening, join us for the celebration opening party. On Friday night, experience the best in local fashion as area boutiques present their hottest looks. Finally on Saturday night, watch haute couture take the stage with incredible artful creations by couture designers.

- Thursday, February 25 – Celebrate Fashion Opening VIP Party. Tickets are \$40 in advance or \$50 at the door.

continued on page 19



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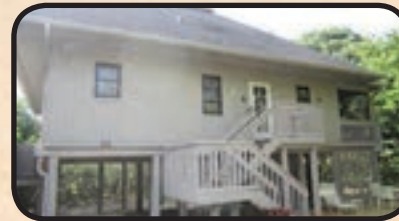


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*Fish by Jeff and Dale Ocasio*

## ACT Gallery New Exhibit And Artists Reception

Arts for ACT Gallery in downtown Fort Myers will have an opening reception and art walk for its February featured artists, Scott Guelcher in the main gallery, a collection of sculpted art by Jeff and Dale Ocasio in the white gallery and, off the main gallery, art by Kids with Cancer. This exhibit continues through February 29.

Guelcher's unique style of art, a blend of Pop Art images and abstract backgrounds, is well known in Southwest Florida. He has received local and international recognition for his artwork. Guelcher teaches art at Island Coast High School. He gives back to the community through philanthropy by donating works of art to charity fundraisers

for different causes. He promoted some global subjects during his span as an artist, specifically a solo exhibition titled "Bikinis and Bombs". This show was about the testing of the hydrogen bomb by the United States government conducted in the Marshall Islands on Bikini Atoll. The show gained local and international recognition.

Guelcher is illustrating a series of comic strips titled Old Henry, promoting sustainability. He will continue to draw on issues in the local community and global community as the inspiration for his artwork.

He was chosen to create two pieces of public art for Florida Gulf Coast University in 2015. This exhibit showcases new works.

This show was funded by the City of Fort Myers Arts and Culture Grant and sponsored by Southwest Florida Sustainability.

Kings and Queens and Things Unseen by Jeff and Dale Ocasio is a collection of sculpted art with an imaginative story-book spirit. Jeff and Dale Ocasio create their artwork collaboratively. Jeff was born in New York City and Dale in Miami. They met in Tampa, where they started a family. Their art was originally inspired by their children. By making their toys they taught themselves to use materials they had on hand, altering and reclaiming household objects and natural materials from the yard. After moving their family to Southwest Florida, they continued a creative life by discovering many utilitarian and artistic uses of the giant bamboo that grew on their property through carving and embellishing. Soon after, they began experimenting by sculpting with masking tape. Applying it to found three-dimensional "canvases" gave them an artistic freedom. They soon started teaching classes to spread the knowledge of this newfound medium. Sculpting with masking tape over wire and reclaimed objects is where all of their artwork begins. Many sculptures are documented through illustrative photography and animations giving a photojournalistic view into the peculiar world of "ocasiocasa"), the sculpted and digital art imagined and actualized in the house of Ocasio.

The Young Artists Awards Art by Kids with Cancer project donates and delivers art supplies for use by pediatric oncology patients throughout the year, working in conjunction with the Child Life specialists at the pediatric oncology/hematology program at the Golisano Children's Hospital of Southwest Florida, while also showcasing the artwork of children with cancer. The organization provides monetary assistance to local families in crisis facing the financial challenges of childhood cancer, assisting those families with expenses such as groceries, transportation and prescription costs.

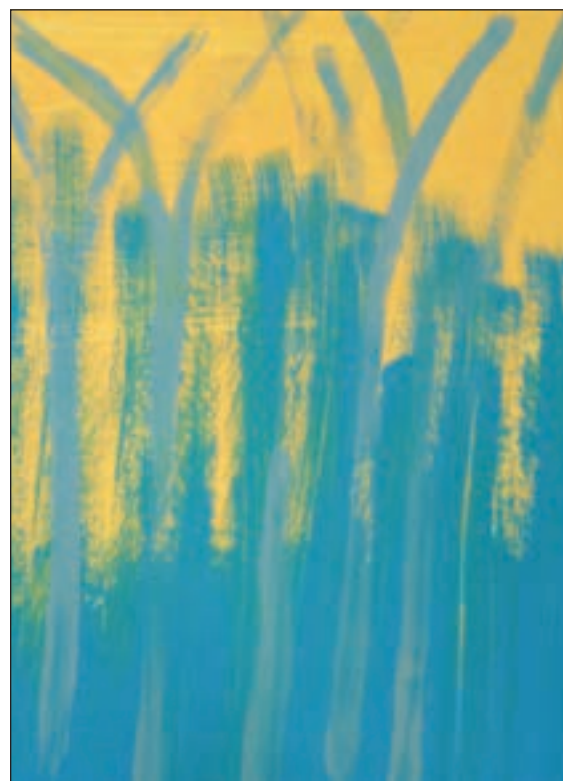
The program's collaboration with trained specialists at the hospital utilizes art in a therapeutic setting. The art supplies purchased and donated are delivered for specialized instruction and are available for both art projects and the children's personal use.

Art by Kids with Cancer exhibits raise awareness in the general community as to the importance of the arts in healing and the multiple challenges faced by local families of these children. The Young Artists Awards, a not for profit organization, mats and frames and then showcases, sells and auctions selected pieces of the children's artwork at venues throughout the area.

More information can be found at [www.youngartistsawards.org](http://www.youngartistsawards.org). Arts for AC is located at 2265 First Street, Fort Myers.\*



*Tamiami Trail by Scott Guelcher*



*Seagrass by Kids with Cancer*

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## Rubber Discovery Exhibit Opens At The Estates

On January 31, the new exhibit Edison & Rubber: A Scientific Quest, will open at Edison & Ford Winter Estates. The opening ceremony will run from 2 to 4 p.m. and will feature interactive activities for kids of all ages along with Edison Ford's living history characters of Mr. and Mrs. Thomas

Edison and Mr. and Mrs. Henry Ford.

Immediately following the opening ceremony, Dr. Richard Wallace, professor of organic chemistry at Armstrong Atlantic University and consultant for the project, will speak about the chemistry behind the rubber research that took place in the laboratory. His lecture also will include what makes the lab and the project to find an American source of natural rubber so historically and scientifically unique and why it's in the news today with threats to rubber-bearing plants.

Edison's final major research project was the search for a domestic source of natural rubber. Edison & Rubber: A Scientific Quest details the importance of natural rubber, the beginnings of Edison's interest in this commodity, the formation of the Edison Botanic Research Corporation, the successful experiments with goldenrod and other plants, and the final chapter of the project after Edison's death in 1931.

Edison's final undertaking had truly international implications, and this exhibit will help visitors understand the importance of the laboratory and the research that took place there, as well as what went on behind the scenes.

Also included in the exhibit are the original lab results of how much rubber each tree and plant produced, samples of rubber in various stages of completion, and a video depicting a re-creation of Edison's rubber experiment.

The exhibit will be held in the newly remodeled museum hall that has a rubber floor. Refreshments will be available.

For more information, call 334-7419.✧



Florida International Air Show board members, from left, Jerry Crady, Sue Crady, Dana Carr, Jennifer Smith, Tyler Ezzi, Mike Dallenbach, Pam Brown, Sam Sanders and Ray Laroche. Board members that were unable to attend include Bucky McQueen and Ricki Markle.

## International Air Show To Return

Members of the Florida International Air Show Board of Directors attended the International Council of Air Shows (ICAS) Conference in Las Vegas, Nevada. They included Jerry Crady, Sue Crady, Dana Carr, Jennifer Smith, Tyler Ezzi, Mike Dallenbach, Pam Brown, Sam Sanders and Ray Laroche. Board members that were unable to attend included Bucky McQueen and Ricki Markle.

New board members Dana Carr and Jennifer Smith attended the comprehensive three-day training program consisting of Air Shows 101: Air/Ground Operations Training Seminar and Air

Shows 102: Air Show Business Basic.

"I was impressed with the high level of professionalism while a bit overwhelmed with the complexity of all the behind the scene details that go in to creating an Air Show," said Carr.

The next Florida International Air Show is scheduled for October 21 to 23 at the Punta Gorda Airport.

"This is a new chapter for the Florida International Air Show. While standing on the shoulders of 35 years of Air Show success, the overwhelming community support to bring back the Florida International Air Show is greatly appreciated," said Tyler Ezzi, air show chairman.

Friends of the Air Show and sponsorship opportunities are now available. Visit [www.floridaairshow.com](http://www.floridaairshow.com) for further information.✧

## Teen Battle Of The Bands Contest

Teen bands of all genres can now enter the Reading Rocks! Teen Battle of the Bands. The top three bands will perform live on March 19 at the Southwest Florida Reading Festival. All bands are encouraged to upload an audio or video recording to YouTube and to provide the link and complete the entry form on the Reading Festival's Facebook page by the deadline of February 15.

The contest is open to bands of two or more individuals who are residents of Lee, Charlotte, Collier and Hendry counties and are between the ages of 13 to 19 years old on the date of entry. Proof of age is required. The elimination round will be judged by a combination of judge's panel (60 percent) and online voting (40 percent). Online voting will be open from February 17 to March 1. The final battle will be live at the Reading Festival. The judges will determine the first and second place winners and the Popular Choice Award will be determined by crowdsourcing voting at the close of the Battle.

The first place prize includes an eight-hour studio recording session at Sonic Recording Studios, a professional photo from Laura Michele Photos and a feature article in *Gulf Coast Times*. The event is presented by the Lee County Library System and is intended to encourage involvement in reading and the arts among high school and middle school age students.

"This contest has been so popular that we are opening it up to the surrounding counties," said Margie Byers, Festival coordinator. "We are always wowed by the talent and variety of musical genres represented. We are again very excited about the Battle and the live performance opportunity this contest offers the teens in Southwest Florida." For more information or to enter a band, go to [www.ReadFest.org/BandBattle](http://www.ReadFest.org/BandBattle).

For more information about the Southwest Florida Reading Festival, call 479-4636 or visit [www.readfest.org](http://www.readfest.org). The Reading Festival is 100 percent community supported through generous donations, sponsorships and grants. To help ensure the continuation of this free community event, visit [www.readfest.org](http://www.readfest.org) to make a secure online donation.✧

## Free Guided Nature Walk At Pine Island's Galt Preserve

Join a Lee County Conservation 20/20 volunteer naturalist for a free guided nature walk on Wednesday, February 3 beginning at 9 a.m. at Galt Preserve, located at 3661 Stringfellow Road in St. James City. The Preserve is one of 20/20's newest and most beautiful sites.

The 90-minute, 1.5-mile walk covers portions of mangrove swamps and flatwoods. Galt Preserve is home to an active eagle nest and other wildlife including bobcats and alligators.

Visitors are advised to wear sturdy, closed-toed shoes or waterproof boots. Long pants and long sleeves, hats, sunscreen, bug spray, cameras, binoculars and water are recommended. There are restrooms and a picnic shelter on site. Dogs are not permitted on this walk.

A complete schedule of this year's guided walks can be found at [www.conservation2020.org](http://www.conservation2020.org). No reservations are required. For additional information, call 822-7942.✧



Scenic Galt Preserve on Pine Island is home to an active eagle's nest

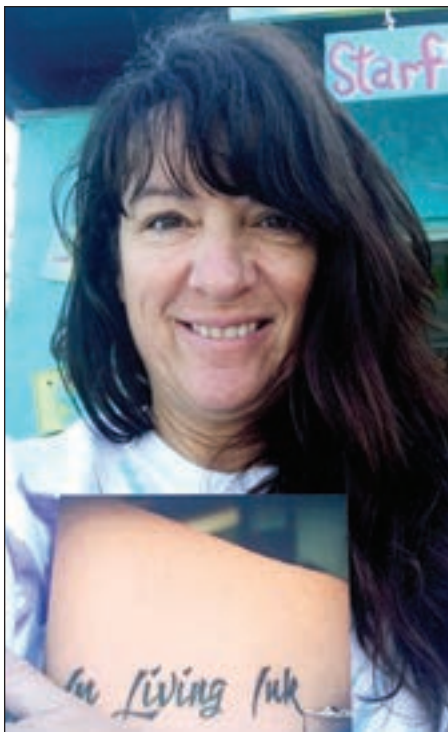
## Professional Development Workshop

The Office of Continuing Education & Off-Campus Programs at Florida Gulf Coast University (FGCU) will hold a two-module professional development workshop on Emotional Intelligence on Tuesday, February 16 and February 23 from 6:30 to 8:30 p.m. in Fort Myers. The workshop series costs \$100.

Participants will learn about the emotional intelligence framework and practical tips for cultivating emotional quotient (EQ) for personal and professional success and well-being. The program's instructor is Lisa Gruenloh, president of Purpose Journey Inc.

For registration information, call 425-3270, email [continuinged@fgcu.edu](mailto:continuinged@fgcu.edu), or visit [www.fgcu.edu/ced](http://www.fgcu.edu/ced).

The workshop will take place at FGCU Continuing Education, Atrium Executive Center, 8695 College Parkway, Fort Myers.✧



Lisa Fasulo

## Author And Tattoo Artist Publishes Memoir

St. James City resident and owner of Lisa's Art Camp and Starfish Bodyart on Pine Island, Lisa Fasulo, recently published her memoir entitled *In Living Ink*. A recount of the

dark side of the tattoo world, the memoir follows the timeline of Fasulo's life from the 1964 murder in her family's kitchen to the modern insidious side of the tattoo industry.

"I wrote this memoir to tell my story, to tell the stories of those who cannot, and to tell the stories many want swept under the carpet when it comes to tattooing," said Fasulo. "I've experienced it all when it comes to the tattoo industry. It's been the common thread woven throughout my life, and now I am onto my next tattooing chapter here in Florida: the Pine Island tattoo artist."

Fasulo's memoir begins with the infamous 1964 Tuesday when Harold Linn stormed her childhood home, demanding money from Fasulo's mother, Helen Huba, and her five siblings. The family maid was able to escape before the breaking-and-entering and called the police immediately. A local sergeant stormed the residence at once and was shot in the chest by a shotgun in front of the family.

Fasulo then takes the reader through the interesting and unique events in her life, bringing us up to 2011 when she was approached to film a reality television show with her Tattoo Learning Center. After the debut of the pilot episode, Fasulo was met with angry backlash from over 50,000 tattoo artists, death threats and an FBI investigation to ensure her safety.

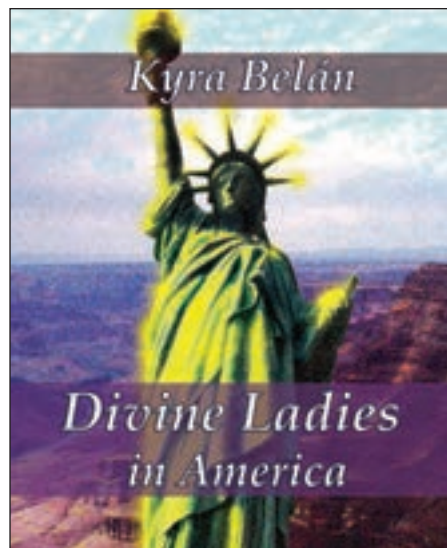
"That was the scariest point of my life," said Fasulo. "Can you imagine being hated by 50,000 people? I thought I was going to die. I had personal security protecting me against the death threats. I will

never forget it."

Today, Fasulo can be found tattooing at her Starfish Bodyart tattoo studio, located inside the Lisa's Art Camp store on Pine Island Road. The Fort Myers Tattoo Learning Center is still in full oper-

ation taking students and tattoo appointments regularly.

Fasulo's memoir has been three years in the making. *In Living Ink* is now available for purchase on Amazon and in-print at Lisa's Art Camp.✧



## Belan Releases Newest Book

Kyra Belan, artist, writer and a resident of Cape Coral, has just released her new non-fiction book, *Divine Ladies in America* (Astarte Books). This book is available on Amazon.com in paperback and Kindle formats, and at selected bookstores.

The author states that the *Divine Ladies in America* was written to help close the gap between the familiar myths about the divine men, and the less familiar but just as plentiful legends and myths about the divine women. She feels that women and girls need to know more about their heritage. These myths originated during the prehistoric times, and continued to evolve through the millenniums into the present.

"I believe that our culture can be

greatly enriched by including the feminine heritage into our mainstream society," Belan affirms.

Currently, Dr. Kyra Belan is showing her paintings from the American Beauty Series and the Kali Series at the Island Conclave Art Gallery, the newest gallery on Pine Island. These series are about the beauty and magic of the flowers and the birds, and are represented in bright colors, which reflect her magical realism style.

Belan's books are also available at the art gallery. She can be contacted at [www.kyrabelan.com](http://www.kyrabelan.com), [kyrabelan2013@gmail.com](mailto:kyrabelan2013@gmail.com) or [kyrabelan@hotmail.com](mailto:kyrabelan@hotmail.com).✧

## Book-In-A-Day Workshop

Always dreamed of writing a novel? Maybe you don't know how to start or how to tighten that first draft you just finished? The Southwest Florida Romance Writers are sponsoring their 2016 Hearts In The Sand Conference – Book-In-A-Day Workshop on Saturday, March 12. Nationally recognized publisher, editor and author Debra Dixon will lead the workshop at the Bonita Springs Elks' Lodge, located at 3231 Coconut Road in Bonita Springs.

Dixon is the editor and publisher of Belle Books. She has authored 22 books, including a writer's guide on goal, conflict and motivation; all three play a key role in her workshop, which she has conducted across the country.

For further information on the conference or to register online, visit [swfrw.org/hearts-in-the-sand-conference](http://swfrw.org/hearts-in-the-sand-conference) or call 307-880-5551.✧

## Evening With The Authors Advance Sale Discount Tickets

Act now to meet, mingle and dine with dozens of best-selling authors at Evening with the Authors on Friday, March 18 at the Marina at Edison Ford, 2360 West First Street in downtown Fort Myers. The cocktail reception in the Edison Ford Coconut Grove on the beautiful Caloosahatchee River begins at 6 p.m. A plated dinner and program follows at 7 p.m.

The reception is a chance to meet the 20-plus authors who will headline the Southwest Florida Reading Festival the following day. Reservations are required. Discounted advance tickets can be purchased for \$45 by January 31; tickets will then increase to \$50. Space is limited. The deadline for reservations is midnight on March 3. Go to [www.readfest.org](http://www.readfest.org) and select Evening with the Authors to make a reservation.

The dinner will honor author Debbie Macomber with the 2016 Distinguished Author Award for her generosity and work as world spokesperson for World Vision's Knit For Kids program. The evening is sponsored by Books-A-Million and the Edison & Ford Winter Estates. To see the list of outstanding authors attending the festival and dinner, go to [www.readfest.org/Authors](http://www.readfest.org/Authors).

The dinner is a choice of slow roasted prime rib with au jus, macadamia crusted mahi mahi or eggplant parmesan with spaghetti and pomodoro (vegetarian option). The reception will include a cash bar and feature Read-a-Ritas.

Complete author information, schedules of festival activities, partner events, directions to the event and more, are available in the festival app available free at the App Store or Google Play, online at [www.readfest.org](http://www.readfest.org) or by calling 479-4636.✧

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**AUCTION-1:00PM, PREVIEW-12:30PM**

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# Theatre Conspiracy Goes To College



by Di Saggau

Theatre Conspiracy is presenting *The Amish Project* by Jessica Dickey. It's being shown in the Florida SouthWestern Back Box Theatre, building L, Room 119B, next to Barbara B.

Mann Hall. It stars Tera Nicole Miller in a fictional exploration of the Nickel Mines schoolhouse shooting in an Amish community in 2006 and the path of forgiveness and compassion forged in its wake. Ten Amish girls were shot and five died. The gunman also killed himself.

You will be amazed as Miller, dressed in traditional Amish garb, plays seven different characters, going from one to the next in breathtaking fluency. For 6-year-old Velda, one of the victims, she is playful and makes childish drawings in liquid chalk. Her devastating final speech about finding the presence of God in the face of such an event, leaves the audience speechless.

As Carol, the gunman's widow, she is a shell-shocked victim who says she



Tera Nicole Miller takes a bow at the end of *The Amish Project*

still loves her husband. She wonders if she had been a better wife maybe her husband wouldn't have killed the girls. The Amish community's unconditional forgiveness of Carol and her two sons is the message of the play.

I loved Miller's portrayal of America, a 16-year-old of Puerto Rican descent, who tries to decide whether to give a reading for a mother-daughter night as Titania from *A Midsummer's Night Dream* or

St. Francis. It's interesting which one she chooses. Miller's accent was spot on. There is some laughter which is appreciated considering the seriousness of the situation being portrayed.

Miller even portrays Eddie, the milk truck driver who was the gunman. Her performance is masterful. The shooter says, "I am more than the why," but he won't explain why he killed the girls. He asks his wife to tell his boys that he loves

them and that he wasn't all bad.

The set is simple with an old fashioned wooden desk center stage and children's clothing hanging from hooks on one wall. This way the audience focuses on Miller and her dynamic portrayal of the tragic tale of a school shooting from all angles. A sign on one wall says "Visitors Bring Joy To Our School." Student papers are scattered about the floor.

*The Amish Project* is powerful theater. It plays through February 7 in Florida SouthWestern's Black Box theatre. For tickets or more information, call 936-3239 or visit [www.theatreconspiracy.org](http://www.theatreconspiracy.org).✱

From page 15

## February Events At Davis Art Center

Cocktails begin at 7 p.m. and the runway show starts at 8 p.m.

- Friday, February 26 – Local Fashion. Tickets are \$20 in advance or \$25 at the door. Cocktails begin at 7 p.m. and the runway show starts at 8 p.m.

- Saturday, February 27 – Couture Fashion. Tickets are \$30 in advance or \$40 at the door. Cocktails begin at 7 p.m. and the runway show starts at 8 p.m.

VIP Passes are \$125 (limited number of tickets available) and features preferred seating and access to all of the fashion show events. For more information or to purchase tickets, visit [www.sbdac.com](http://www.sbdac.com) or call 333-1933.✱

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# Florida Tarpons Prepare To Defend Arena Football Title In Fifth Season



by Ed Frank

The Denver Broncos and the Carolina Panthers square off next Sunday for sports' biggest prize, the Super Bowl Championship. But did you know that a local champion, the Florida Tarpons of the American Indoor Football League, known as the X-League, will begin defense of their own title in this 25-team league in just a few weeks?

The Tarpons start their fifth season having proven that high-scoring arena football is popular in our area where we have two other highly successful minor league professional teams: hockey's Florida Everblades and baseball's Fort Myers Miracle.

The Tarpons won the league championship in 2015 in just their first year as a member of the X-League when the league merged with the Ultimate Indoor Football League, where the Tarpons had been a member for the three previous seasons.

Florida begins its eight-game regular season on March 12 on the road in Lakeland against the newly-named Central Florida Jags, formerly the Florida Marine Raiders. It was the Marine Raiders that the Tarpons walloped 65-23 in the X-Bowl II Championship last year.

The Tarpons home opener in Germain Arena is April 10 against the same Central Florida Jags.

The team is owned and coached by Michael Taylor, who brought arena football back here in 2012 after the demise of the old Florida Firecats which competed here from 2001 to 2009 in the now-defunct af2 League.

Taylor has compiled a 29-9 record over the past four seasons, including league championships in 2013 and 2015.

The team announced recently that two-time championship winning quarterback Chris Wallace will return this season for his fourth year after playing eight seasons for the Firecats. He has thrown for more than 22,000 yards in the 100-plus games he has started. He owns league records for touchdown passes, completions and passing yards.

Wallace will have familiar targets to throw to this season with the return of veteran wide receivers Carlos Singleton and Joshua Young.

The following is the Tarpons 2016 regular season schedule:

March 12 – Tarpons at Central Florida Jags

April 3 – Tarpons at Atlanta Vultures

April 10 – Central Florida Jags at Tarpons

April 17 – Georgia Firebirds at Tarpons

April 23 – Tarpons at Columbus Lions

April 30 – Tarpons at Central Florida Jags

May 13 – Central Florida Jags at Tarpons

May 22 – Savannah Steam at Tarpons

The kickoff for all home games is 5:30 p.m.

## Another Sad Football Injury

We've written several columns on the mounting concern over head injuries in football, including the movie *Concussion* that disclosed in detail how the National Football League denied the accusations for years.

Just last week, 36-year-old Antwaan Randle El, a star quarterback at Indiana University who later played for the Pittsburgh Steelers, said he has memory lapses and has difficulty walking down stairs.

"I ask my wife things over and over again," he said in an interview with the *Pittsburgh Post-Gazette*. "If I could go back, I wouldn't play football. I would play baseball."

Randle El was drafted in the 14th round (in 1997) by the Chicago Cubs. "Don't get me wrong, I love football. But right now, I could still be playing baseball," he said in the interview

"I wouldn't be surprised if football isn't around in 20, 25 years," he added.✱

## Bob Janes Memorial Golf Outing

On Tuesday, April 12, the 3rd annual Bob Janes Memorial Golf Outing, hosted by the Lee Coast Chapter of the MilitaryOfficers Association of America (MOAA), will be held at the Shell Point Golf Course in South Fort Myers.

There will be many gifts and prizes available as well as some spectacular awards for holes-in-one. Mark your calendars now and organize your foursome. Last year's golf outing raised more than \$27,500. The cost, same as last year, will be \$125 per individual golfer.

Organizers anticipate a full field of 144 golfers. The deadline for all entries is April 4; golfers should include their handicap or average 18-hole scores and a telephone number. Checks should be made payable to Lee Coast Chapter MOAA Foundation and mailed to P.O. Box 682, Sanibel, FL 33957.

For an entry form to participate in the 3rd annual Bob Janes Memorial Golf Outing, contact John A. Bathke, entries coordinator, by calling 651-503-8893.

In addition, if you would like to help financially in sponsoring this event, several opportunities remain available. Call Roger Triftshauser at 585-704-9486 for more information. ✱

## Governor's Baseball Dinner To Be Held In Lee

Governor Rick Scott, Lee County Sports Development and the Florida Sports Foundation will kick off the annual Florida Spring Training season at the 2016 Governor's Baseball Dinner. The dinner will be held Friday, February 19 at the Hyatt Regency Coconut Point Resort & Spa in Bonita Springs/Fort Myers.

While Fort Myers and Lee County's history of hosting spring training baseball dates back to 1925, this is the first time the Governor's Baseball Dinner has been held in the area.

"The annual Governor's Baseball Dinner marks the beginning of another exciting Spring Training Baseball season in Florida," Scott said. "Florida is proud to be the home of fifteen spring training teams, and we look forward to welcoming the families and visitors that this season will bring to our great state."

Top executives from around the Florida Grapefruit League are expected to attend including Boston Red Sox President of Baseball Operations Dave Dombrowski and Manager John Farrell along with Minnesota Twins Executive Vice President and General Manager Terry Ryan and Manager Paul Molitor.

Individual tickets are available for purchase for \$100 or a table of can be purchased for \$1,000. Visit [\[dagrapefruitleague.com\]\(http://dagrapefruitleague.com\) to purchase tickets online or call the Lee County Sports Development office at 533-5273.](http://www.flori-</a></p>
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"Lee County is honored to host the Governor's Baseball Dinner, an annual spring training baseball tradition," said Jeff Mielke, executive director of Lee County Sports Development. "Lee County's commitment to the Boston Red Sox and Minnesota Twins continues to be a priority. With recent construction and renovations to JetBlue Park and the CenturyLink Sports Complex, as well as the commitment from the teams, this community is dedicated to hosting spring training baseball for many years to come."

The State of Florida is a frontrunner in Spring Training Baseball dating back to 1888 when the Washington Senators came south to Jacksonville.

While the current teams, and the hosts for the 2016 event, the Minnesota Twins and Boston Red Sox, have been in Lee County for three decades, the area has been hosting Spring Training Baseball since 1925. The Philadelphia Athletics, Cleveland Indians, Pittsburgh Pirates and Kansas City Royals have previously called Fort Myers, and historic Terry Park, home.

Over 250,000 fans attended Florida Grapefruit League games last year in Fort Myers and attendance totals are expected to reach that mark again in 2016. In the last 10 years, over 2.5 million baseball fans have gone through the turnstiles at Hammond Stadium at the CenturyLink

continued on page 24

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## School Smart



by Shelley M. Gregg, NCSLP

**D**ear Shelley, I know that there are physical reasons that teenagers don't get much sleep at night, but my teenager is making me crazy. He is up

late and then it's a horrible struggle for me to get him up for school. What can I do?

Stasi J., Fort Myers Beach

**Stasi,**

Sleep issues with teens can be overwhelming because biological shifts during the teenage years drive the need for longer sleep durations and later wake times, research shows. This alone makes going to bed and getting up at a reasonable hour a real problem. However, recent research has revealed an even more problematic issue with teens and sleep – the effect of smartphones. National surveys indicate that upwards of

65 percent of the teen population owns a smartphone so this is a pervasive concern for a majority of adolescents.

The JFK Medical Center in New Jersey has just completed a very important study, on this topic. The study was comprised of 3,000 students, and is the largest in the U.S. of its type. This one-year study in the Edison, New Jersey school district showed that over 60 percent of students are not getting enough sleep because of late night texting or phone use, and 20 to 25 percent are awakened from their sleep responding to texts.

"We're talking about a chronically sleep deprived adolescent and, in my opinion, adult population," Dr. Polos, sleep study expert and research leader reported. He further recounted that, more than 70 percent of the participants reported getting less than the recommended eight hours of sleep a night, usually just five to six.

"Quality and quantity of sleep are important for brain development, for organizing thoughts of the day, helping with memory consolidation," he said. "We know that normal sleep is critical for development, physiological development." The sleep deprivation is

causing problems with brain development and academic performance for adolescents in their prime for growth.

Video evidence from the study revealed that teens are so overly engaged with their phones that they are willing to loose sleep so that they can text. Most of these high school students weren't even able to make it through a sleep study session without resisting the urge to respond to that late night text.

"Quality and quantity of sleep are important for brain development, for organizing thoughts of the day, helping with memory consolidation," he said. "We know that normal sleep is critical for development, physiological development."

Cognitively teens understand that they should switch off their phones at night but having the will power to go against the current teen social norms and expectations of all night texting is difficult. One teen in the study said, "I feel like using my phone is so distracting and if I'm responding to a text then I'm thinking about that text and I'm waiting for the other person to respond. Then before you know it I lost like an hour of sleep, so it's really important for me to just keep it on silent."

Polos said there's a real effect from that. "Your brain needs time to unwind and disconnect before bed. Not to mention delayed sleep onset caused by staring at screens with blue light, or any light waves, interrupts the release of melatonin. It really becomes incumbent upon the parent to say, 'OK, there is a set off time and set on time for the phones.'"

According to Dr. Polos, we don't yet know about the long-term effects of this all-night tech use, but doctors are concerned about changes in brain development and performance. We need to curb this now in the teenage years because those habits tend to trickle over to adulthood.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to [smgreggs@gmail.com](mailto:smgreggs@gmail.com). Not all questions submitted can be addressed through this publication.✱

## Financial Focus

### Put Your Financial Puzzle Together



by Jennifer Basey

**J**anuary 29 is National Puzzle Day, with puzzle celebrations and events taking place at museums, libraries and other venues across the country. Why this date was chosen – or why National

Puzzle Day even exists – is something of a mystery. But as an investor, you can find value in the concept of a puzzle – specifically, in putting together the pieces of your financial puzzle.

What are these pieces? Here are the essential ones:

- **Growth** – At different times in your life, you will have various goals – purchasing a first or second home, sending your children to college, enjoying a comfortable retirement, and so on. While these goals are diverse, they all have one thing in common: to achieve them, you'll need some growth potential in your investment portfolio. The nature and the extent of the growth-oriented vehicles, such as stocks and stock-based instruments, in your holdings will depend on your specific goals, risk tolerance and time horizon – but growth opportunities you must have.

- **Income** – Income-producing investments, such as bonds and dividend-paying stocks, can help supplement your earned income during your working years and provide you with a valuable income stream when you're retired. Plus, bonds and other income-producers can help bal-

ance a portfolio that might otherwise be too heavy in growth vehicles – which, as you know, are typically higher in risk.

- **Taxes** – Taxes will always be part of the investment equation. Whenever possible, you'll want to take advantage of those accounts that let you make tax-deductible contributions and that provide the opportunity for tax-deferred growth, such as a traditional IRA and your 401(k) or other employer-sponsored retirement plans. You may also find that you can benefit from tax-free investments, such as some types of municipal bonds and a Roth IRA. (Your Roth IRA contributions are not tax-deductible, but your earnings grow tax free, provided you've had your account at least five years and you don't start taking withdrawals until you reach age 59½.)

- **Protection** – You can't just invest for your future – you also have to protect it. If something were to happen to you, would your family be able to remain in your home? Would your children still be able to go to college? To help ensure continuity and security in your family's lives, you'll need to maintain adequate life and disability insurance. Also, you will need to protect your independence in your retirement years, as you no doubt would want to avoid burdening your grown children with any financial burden. To attain this type of freedom, you may have to guard against the potentially catastrophic costs of long-term care, such as an extended nursing home stay. A financial professional can suggest ways of meeting these expenses.

- **Legacy** – After working hard your whole life, you'd probably like to leave something behind to your children, grandchildren, other family members and possibly even charitable institutions. To create the legacy you desire, you will need to create a comprehensive estate plan.

Because such a plan may involve a will, living trust and other complex legal documents, you will need to work with your legal and tax advisors.

Try to put these pieces together to help complete your financial puzzle –

when you do, you may well like the picture that emerges.

Jennifer Basey is a financial advisor in Fort Myers. She can be reached at [jennifer.basey@edwardjones.com](mailto:jennifer.basey@edwardjones.com).✱

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Doctor and Dietitian

## Is Eating On The Go Packing On The Pounds?



by Ross Hauser, MD and Marion Hauser, MS, RD

**Y**ou want to lose weight but have reached a plateau, even though you feel like you eat healthy. We find that a common red flag in these situations is frequent restaurant eating. The problem here is the “healthy choices” may be filled with excess calories, chemicals or things you may not even know about, because you didn’t actually make the food. Or the portion size is much bigger than you would typically eat at home.

For those restricting calories, our number one recommendation is to cook at home as often as possible. When you are dining out, choose lean proteins, complex

carbohydrates and vegetables. Eating Mexican? Choose grilled meats, beans, and vegetables, foregoing the large bowls of tortilla chips. When ordering Asian, a great choice is stir-fried seafood with vegetables (watch portions and sauces), and avoid the sushi rolls (250 calories each!), large rice bowls and fried eggrolls. Out for Indian cuisine? Choose foods cooked in a tandoor oven and avoid creamy sauces, naan and deep fried samosas.

Going for the salad bar? Fill your plate with raw veggies, greens, chickpeas, edamame, a few artichoke hearts and some nuts. Have your dressing on the side, dip into it with your fork, then grab a forkful of salad. This tastes great and you’ll only use a little dressing. Skip the bacon bits, cheese, croutons, creamy dressings, pasta, and tuna or chicken salads loaded with mayo. Even salads that are mostly raw vegetables are high in calories when loaded with cheese and meats, like the typical Caesar salad topped with chicken, plenty of cheese and creamy dressing.

You don’t have to blow your dietary efforts every time you eat out. If you can’t eat at home, choose wisely to keep off those unwanted pounds.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at [info@caringmedical.com](mailto:info@caringmedical.com).✽*

## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

We gave our son and daughter the advantage of top educations, hoping it would equip them for happy successful lives.

They both married and moved a hundred miles from one another on the east coast. We thought they were both happy. Suddenly both were making many complaints, so we moved to be closer because we thought we could help.

No matter what we did or said, it was wrong. We couldn’t understand what was happening and finally they both told us.

To our complete surprise our son is gay and our daughter’s husband is dual addicted. We tried to do our best, but nothing we did helped. And now we are in a retirement community on the west coast.

After they solve their problems, we hope we can reconnect, but until then we want peace.

What do others do?

Charlotte

### Dear Charlotte,

You have done your best so you should have no regrets. I think their problems are beyond Ma and Pa advice and need professional intervention. You could also benefit from talking a couple of times to a professional who specializes in family relations. It’s a whole new world out there.

Lizzie

### Dear Charlotte,

It seems to me that you are supportive, realistic and hopeful about your adult children resolving their problems. Please keep the doors open for future reconciliation after they solve their own problems. You have done a great job.

Pryce

Lizzie and Pryce’s email address is [momandmeaging@hotmail.com](mailto:momandmeaging@hotmail.com).✽

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dearPharmacist

## Are The Girls Sore? Fibrocystic Breast Pain Relief Tips



by Suzy Cohen, RPh

**Dear Pharmacist:** I hugged a friend who I hadn't seen in two years and she didn't hug me back. I thought it strange, but she quickly offered that her breasts were just incredibly sore.

I remember experiencing that for a few months when I was a younger girl, so I totally understood.

So if your "girls" ache, feel bruised or heavy on the inside, have you considered why it's happening? My friend did not, she just accepted it. They were so painful, she couldn't even hug her children. Sleeping was painful.

The technical term is "fibrocystic breast pain," and an estimated 30 to 60 percent of women experience this. Simply put, our "boobs" are two large milk glands (some larger than others, congratulations to those ladies!). Really sexy, huh? All kidding aside, all breasts contain some degree of lumps (or "cysts"), however, some breasts will contain more lumps than others due to hormonal changes. It's the lumps that cause your

breasts to get uncomfortable, sometimes even painful.

Symptoms of fibrocystic breasts will be the most intense before your period and then usually leave immediately following the period. Estrogen, progesterone and prolactin (all girly hormones) cause cells in the breast tissue to swell. This is a normal hormonal change during menstruation. Some clinicians may try to prescribe oral contraceptives or hormone replacement therapy, however, it is a bit controversial and the jury is still out on whether or not those help or make the condition worse. Certain supplements may be helpful, so please ask your practitioner about any or all of these:

**Iodine** – Iodine is a mineral antioxidant that comprises your thyroid hormone, but it's absolutely needed to maintain healthy breast tissue. When you are iodine deficient, your hormones are affected causing otherwise healthy breast tissue to become cystic and painful. A study of 111 healthy women with a history of breast pain and discomfort were given iodine for six months and 50 percent of the patients who took 6 mg of iodine daily were reported to have clinically significant reduction in overall breast pain.

**Vitamin E** – A double-blind published study found Vitamin E supplementation had a significant decrease in breast symptoms related to PMS (Premenstrual syndrome). If you can't find a high-quality supplement of natural, mixed vitamin E, just eat a lot of sunflowers and nuts.

**Evening Primrose Oil** – Evening primrose oil is an herb and is extracted from

continued on page 24

## DUE TO LOSSES CAUSED BY BERNIE MADOFF AUCTION

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#### Saturday, February 13th

12:30pm-2:00pm – with Ross Hauser, MD  
Norris Community Center  
755 8th Ave South. Naples, FL 34102

#### Tuesday, February 16th

1:00pm-3:00pm – with Ross Hauser, MD  
& Nicholas Shirghio, AP, DOM  
Vinyards Country Club  
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# Calendar Of Events Coming To Mound House

The Mound House, a cultural and environmental learning center located at 451 Connecticut Street in Fort Myers Beach, announced their calendar of events for the month of February. Activities include:

- February 2, 9 to 10 a.m. – Guided Beach Walk (at Newton Park), Free
- 9:30 a.m. to noon – Caloosa Carvers Demonstration, Free
- 11 a.m. – History of Fishing Fort Myers Beach, \$5 (members free)
- 2 pm – History of Fishing Fort Myers Beach, \$5 (members free)
- February 3, 9:30 a.m. to 12:30 p.m. – Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)
- February 6, 9:30 a.m. to 12:30 p.m. – Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)
- February 9, 9 to 10 am – Guided Beach Walk (at Newton Park), Free
- 11 a.m. – History of the Mound House, \$5 (members free)
- 2 p.m. – History of the Mound House, \$5 (members free)
- February 10, 9:30 a.m. to 12:30 p.m.

- Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)
- February 16, 9 to 10 a.m. – Guided Beach Walk (at Newton Park), Free
- 9:30 a.m. to noon – Caloosa Carvers Demonstration, Free
- 11 a.m. – Food, Fortunes, Medicines and Poisons, \$5 (members free)
- February 16, 2 p.m. – Food, Fortunes, Medicines and Poisons, \$5 (members free)
- 4 p.m. – Beach Nesting Birds, \$5 (members free)
- February 17, 9:30 a.m. to 12:30 p.m. – Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)
- February 20, 9:30 a.m. to 12:30 p.m. – Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)
- February 23, 9 to 10 a.m. – Guided Beach Walk (at Newton Park), Free
- 11 a.m. – Calusa Tools Demonstration, \$5 (members free)
- 2 p.m. – Calusa Tools Demonstration, \$5 (members free)
- February 24, 9:30 a.m. to 12:30 p.m. – Guided Kayak Eco-Tour, \$45, Members \$15 (reservations required)

## Program Descriptions

Guided Kayak Eco-Tours: Explore the winding mangrove tunnels, tidal creeks and hidden backwaters of Estero Bay as only a kayaker can. This unique tour, guided by a staff biologist and Florida

Master Naturalist, offers a rare and close-up opportunity to experience the abundant natural beauty of the estuary.

Free Guided Beach Walks at Newton Park: Explore the natural treasures on Fort Myers Beach through a guided walk along the shore. Participants should meet at Newton Park (4650 Estero Boulevard). Wear sunscreen, appropriate clothing, shoes and hats. Tours are approximately 1 hour weather permitting.

Caloosa Carvers Demonstrations: Join the Caloosa Carvers on the grounds of The Mound House for woodcarving demonstrations featuring several replica artifacts from the Calusa culture.

The History Of Fishing Fort Myers Beach: From the ancient Calusa Indians, 18th century Cuban fishing ranchos and pioneer settlers, to commercial and recreational anglers, fishermen come to fish the incredibly rich waters of the Gulf of Mexico and Estero Bay. Participate in an involved discussion of how fishing has shaped, and continues to shape, our island culture.

History Of The Mound House: An engaging opportunity to learn about the people who have lived on this unique site over the past 2,000 years and how the various inhabitants influenced the different aspects of its history.

Food, Fortunes, Medicines and Poisons: This engaging and informative walk along The Mound House grounds educates participants about many of the over 100 plants and trees from Florida and around the globe that have influenced human history.

Beach Nesting Birds: Explore the wondrous life cycle of beach nesting birds and the importance of the critical nesting habitat for these species on Fort Myers Beach.

Tools Of The Calusa Demonstrations: This hands-on demonstration will explore how the most powerful American Indian tribe in Southwest Florida crafted their tools, weapons and implements of daily life from their natural surroundings. Participants will be able handle and use several reproduction Calusa tools to experience life in the “shell age.”

The Mound House, located at 451 Connecticut Street in Fort Myers Beach, is open (January through April) Tuesday through Saturday, 9 a.m. to 4 p.m.; (May through December) Tuesday, Wednesday and Saturday, 9 a.m. to 4 p.m.; Closed Thanksgiving, Christmas and New Year’s Day. Parking is free.

For kayak or group tour reservations, call 765-0865 or visit moundhouse.org.✱

From page 23

## dearPharmacist

the plant, *Oenothera biennis*. The seeds of the plant contain oil called gamma linolenic acid (GLA). GLA helps reduce inflammation during menstruation, so it could be very adept at reducing the pain associated with breast tenderness and menstrual cramps.

Caffeine Elimination – Don’t hate the messenger! I’m sorry to have to tell you that your “Cup of Love” could be doing more harm than good. Caffeine contains a chemical called methylxanthine, which makes blood vessels open up and the dilation causes breast discomfort. Instituting these supplements and dietary changes could improve your huggability within weeks.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

From page 20

## Baseball Dinner

Sports Complex, City of Palms Park and JetBlue Park.

Lee County Sports Development was created in 2003 to meet the growing demand for sports development in Lee County, and is recognized by the Florida Sports Foundation as one of the state’s 25 Regional Sports Commissions. The Lee County Sports Development office leads the recruitment and implementation of amateur and professional sports events and activities in Lee County, with the goal of providing economic impact to Lee County. Through local partnerships with Lee County Parks and Recreation and others, the Lee County Sports Development office provides services designed to address the needs of local, national and international sports entities including housing, access to venues, event management, transportation assistance, event promotion, marketing and local sponsorship opportunities.

For more information, call 533-2221 or visit [www.leeparks.org](http://www.leeparks.org).✱

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# DID YOU KNOW

## TRIVIA TEST

1. GEOGRAPHY: Where is the country of Belize located?
2. HISTORY: In what country did the 1960 Sharpeville massacre occur?
3. LITERATURE: In what state did poet Emily Dickinson live her entire life?
4. MOVIES: What was the name of the spaceship in “Alien”?
5. GENERAL KNOWLEDGE: A strong, cool wind called the mistral is associated with which country?
6. MYTHOLOGY: What kind of creature is a griffin?
7. TELEVISION: Which character on “The Addams Family” spoke the catchphrase “you rang?”?
8. THEATER: Which play’s title character was nicknamed “The Demon Barber of Fleet Street”?
9. MUSIC: Who wrote the song “Lucy in the Sky with Diamonds”?
10. ANCIENT WORLD: What figure is depicted by the Colossus of Rhodes?

## ANSWERS

1. Central America 2. South Africa 3. Massachusetts 4. Nostromo 5. France 6. A lion's body with an eagle's head, wings and claws 7. Lurch 8. “Sweeney Todd” 9. John Lennon and Paul McCartney 10. The Greek sun god Helios.

## SPORTS QUIZ

1. In 2000, Ken Griffey Jr. became the youngest major-league player to hit 400 career home runs (30 years, 141 days). Who had been the youngest?
2. Who was the last pitcher before the Dodgers’ Zack Greinke in 2015 to have a major-league-leading ERA of 1.66 or lower?
3. Name the first quarterback in NFL history to have two 500-yard passing games.
4. How many losing seasons did Dean Smith have during his 36 years of coaching the North Carolina men’s basketball team?
5. In 2015, Max Pacioretty became the third American to be named captain of the NHL’s Montreal Canadiens. Name either of the first two.
6. Name the all-time leading goal scorer in soccer’s Women’s World Cup.
7. When was the last time before 2015 that former heavyweight boxing champion Wladimir Klitschko lost a bout, and to whom?

## ANSWERS

1. In 1938, Jimmie Foxx hit his 400th home run at 30 years, 248 days old. 2. Atlanta’s Greg Maddux had a 1.63 ERA in the 1995 season. 3. Pittsburgh’s Ben Roethlisberger, with one 500-yard game in 2009 and another in 2014. 4. Once -- he was 8-9 during his first season (1961-62). 5. Chris Chelios (1989-90) and Brian Gionta (2010-14). 6. Brazil’s Marta, with 15 goals. 7. He lost to Lamron Brewster in 2004.

## My Stars★★★★

### FOR WEEK OF FEBRUARY 1, 2016

**ARIES** (March 21 to April 19) Guess what, Lamb? You’re about to experience a new perspective on a situation you long regarded quite differently. What you learn could open more opportunities later.

**TAURUS** (April 20 to May 20) The Bold Bovine is tempted to charge into a new venture. But it might be best to take things one step at a time so that you know just where you are at any given point.

**GEMINI** (May 21 to June 20) It’s a good time to go on that fun getaway you’ve been planning. You’ll return refreshed, ready and, yes, even eager to tackle the new challenge that awaits you.

**CANCER** (June 21 to July 22) The Moon Child loves to fantasize about magical happenings in the early part of the week. But the sensible Crab gets down to serious business by week’s end.

**LEO** (July 23 to August 22) What goes around comes around for those lucky Leos and Leonas whose acts of generosity could be repaid with opportunities to expand into new and exciting areas of interest.

**VIRGO** (August 23 to September 22) Your concern about your job responsibilities is commendable. But you need to take some quiet time to share with someone who has really missed being with you.

**LIBRA** (September 23 to October 22) Aspects favor getting out and meeting new people. And as a bonus, you could find that some of your newly made friends could offer important business contacts.

**SCORPIO** (October 23 to November 21) You might take pride in wanting to do everything yourself. But now’s a good time to ask family members to help with a demanding personal situation.

**SAGITTARIUS** (November 22 to December 21) Pay more attention to the possibilities in that workplace change. It could show the way to make that long-sought turn on your career path.

**CAPRICORN** (December 22 to January 19) Your need to succeed might overwhelm obligations to your loved ones. Ease up on that workload and into some well-deserved time with family and friends.

**AQUARIUS** (January 20 to February 18) Love rules for amorous Aquarians who can

make good use of their ability to communicate feelings. Don’t be surprised if they’re reciprocated in kind.

**PISCES** (February 19 to March 20) Fishing for compliments? No doubt, you probably earned them. But it’s best to let others believe they were the ones who uncovered the treasure you really are.

**BORN THIS WEEK:** Your good works flow from an open, generous heart. Nothing makes you happier than to see others happy as well.

## THIS WEEK IN HISTORY

• On Feb. 7, 1881, plea bargaining gains favor in American courts when Albert McKenzie pleads guilty to a misdemeanor count of embezzlement instead of a felony. Today, over 90 percent of criminal cases are resolved through plea bargain in many jurisdictions.

• On Feb. 5, 1917, Congress overrides President Woodrow Wilson’s veto and passes the Immigration Act, requiring a literacy test for immigrants.

• On Feb. 6, 1928, a woman calling herself Anastasia Tschaikovsky and claiming to be the daughter of the murdered czar of Russia arrives in New York City hoping to claim the Romanov fortune. In 1994, DNA analysis finally showed that Anastasia was not a Romanov, but was in fact a Polish-German factory worker.

• On Feb. 1, 1951, the United Nations General Assembly condemns the communist government of the People’s Republic of China for acts of aggression in Korea. It was the first time the United Nations condemned a nation.

• On Feb. 4, 1976, a 7.5-magnitude earthquake levels one-third of Guatemala City, killing 23,000 people and leaving 1 million others homeless. Roads and bridges leading to the area sustained extensive damage, making it difficult for help to arrive.

• On Feb. 2, 1980, details of ABSCAM, an FBI sting operation to uncover political corruption in government, are released. Thirty-one public officials were targeted. FBI agents had posed as representatives of Abdul Enterprises, Ltd., a fictional business owned by an Arab sheik.

• On Feb. 3, 1998, a U.S. Marine jet flying low over the town of Cavalese in the Italian Alps severs a ski-lift cable, sending

a tram crashing 250 feet to the ground and killing 20 people. The pilot and navigator destroyed a videotape that had recorded their flight. They were court-martialed for obstruction of justice and dismissed from the Marines.

## STRANGE BUT TRUE

• It was beloved American astrophysicist and science communicator Carl Sagan who made the following sage observation: “If it can be destroyed by the truth, it deserves to be destroyed by the truth.”

• You probably are well aware of the fact that caffeine enhances memory and learning in humans -- if you’re not a coffee addict yourself, you almost certainly know someone who is. But you probably didn’t know that the substance has the same effect on bees. More than half of all flowering plants produce caffeinated nectar, and tests recently conducted by researchers at the University of Sussex in the United Kingdom demonstrate that bees strongly prefer nectar with caffeine to the decaf version.

• Some ancient Greeks believed that baldness could be cured by applying to the hairless area a mixture of horseradish and pigeon droppings.

• Parents of younger children probably will not be surprised by the following factoid: Six eight-stud Lego bricks can be put together in a whopping 915,103,765 different ways -- and at least one of those bricks will end up being stepped on by a barefoot adult.

• If you’re planning a trip to Nevada, you might want to keep in mind that in that state, it is technically illegal to kiss if you have a mustache.

• For reasons that are not entirely clear at present, in the spring of 2010 a 28-year-old man in South Korea married a large pillow printed with the image of an anime character. At the wedding, the pillow wore a white dress. The man has been seen taking his “wife” to an amusement park and out to dinner -- he even orders “her” a meal.

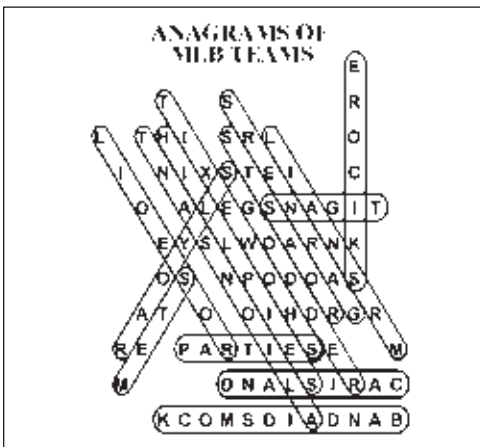
## THOUGHT FOR THE DAY

“A man’s life is interesting primarily when he has failed -- I well know. For it is a sign that he has tried to surpass himself.” -- Georges Clemenceau

## PUZZLE ANSWERS

ATTRACTED TO TIDAL POOL  
COROLLARIES ANITA TODAY  
TWISTER ROLLER COASTERS  
COLUMBARDIST  
VAPOR JUT NECN SDAK  
ISLE VAST ORR QUOC B.I  
STL ELWED HIC UNA LSP  
ARM AXED OWI DICK SAP  
SOBER FGD BOA SI SA F  
ECAD HOPY PETE ICCH  
AARON ZIGS ZAGS PHOMS  
LESS ZING NEHO CIAO  
TANGY CHEE CHAND PA  
BON WIND MNO JEAN TAG  
ASA ARI FIA CONZO TURN  
BOK SEA ISE AWAY CREE  
ALEC MEAN ILE POND S  
ONABENDER EAU  
THE LONG AND WINDING ROAD  
EMMA STONE ASEASY SPIE  
LOOSE ENDS LECN PANETTA

WOK RAT  
PIPE PERSE  
CARET ICE AXE  
FRENCH QUARTER  
CAD HOURS ORE  
LUGE ARID  
REAPS PISTE  
RENO PUNK  
APT SCOTS LEI  
FRENCH STEWART  
ORIOLE COINS  
SNOOD TOTE  
APE SLY





**Seared Florida Snapper with Fennel and Carrot Sauté**

- 4 six-ounce snapper fillets
- ¼ cup rice flour
- 4 tablespoons olive oil, divided
- 1 cup fennel bulb slices
- ½ cup onion, chopped
- ½ cup carrots, julienne
- 2 cloves garlic, minced
- 1 tablespoon fresh dill, finely chopped
- ¼ teaspoon salt
- ¼ teaspoon fresh ground black pepper
- ¼ cup dry white wine
- fresh Florida dill for garnish (optional)

Rinse fillets; pat dry with a paper towel. Score the skin side of fillets with a sharp knife. Coat fillets with rice flour; set aside. Heat 1 tablespoon of oil in a large sauté pan over medium-high heat. Add fennel, onion, carrot and garlic and sauté for 5 to 6 minutes until vegetables are tender and slightly browned. Stir in dill, salt, pepper and wine; cook for 1 minute more. Remove fennel-carrot sauté to a serving platter; keep warm. Wipe pan clean and heat remaining oil over medium-high heat. Sauté fillets 3 to 4 minutes per side until browned and cooked through. Serve fillets and vegetables garnished with fresh dill.

Yield four servings.✪✪



Seared Florida Snapper with Fennel and Carrot Sauté

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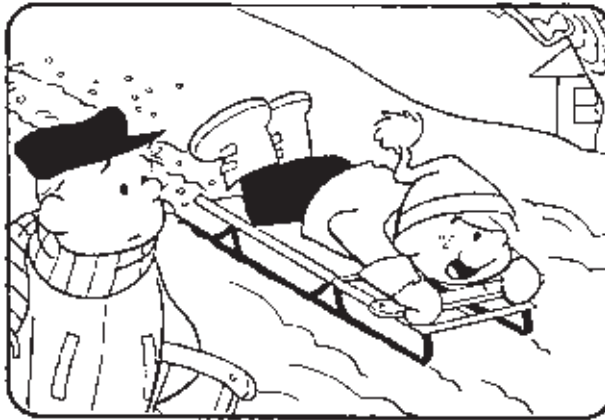
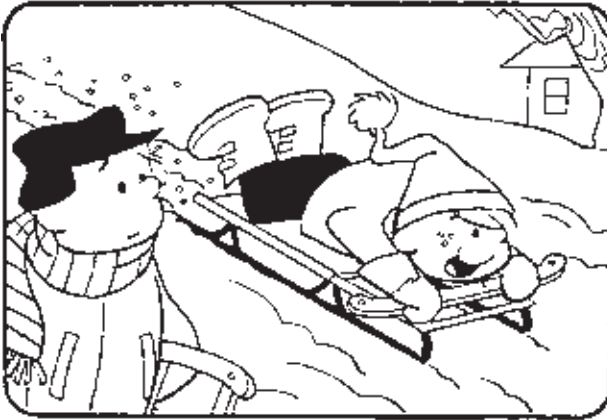
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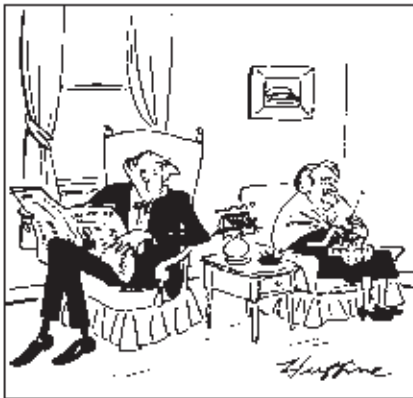


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FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS

Differences: 1. Santa's missing 2. Scott is moved 3. Leg is moved 4. Cap tassel is shorter 5. House is moved 6. Sleeping bag is shorter



"Will you pipe down for a while? These are  
my \_\_\_\_\_ years, remember?"

**SCRAMBLERS**

Unscramble the letters within each rectangle to form four ordinary words. Then  
rearrange the boxed letters to form the mystery word, which will complete the gag!

Annoy  
**BARGED**

Prod  
**DUEGN**

Master  
**TORNLOC**

Distort  
**GELMAN**

**TODAY'S WORD**

answer on page 29

**PUZZLE ANSWERS****SUDOKU**

4	7	5	8	6	2	3	1	9
2	3	6	1	5	9	8	4	7
8	9	1	4	3	7	5	6	2
1	8	2	5	9	4	7	3	6
6	5	9	7	1	3	4	2	8
3	4	7	2	8	6	1	9	5
7	1	3	9	2	8	6	5	4
9	6	4	3	7	5	2	8	1
5	2	8	6	4	1	9	7	3

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Royal Shell Real Estate  
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### GARCIA REAL ESTATE AND CONSULTING



#### RICHARD J. GARCIA, GRI, BROKER 239-472-5147

**garciaonsanibel.com**  
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.  
\*RS 9/26 CC TFN

### IS A NEW SANIBEL HOME IN YOUR FUTURE?



Look at the Carolyn Model today!  
How about a three bedroom, two bath plus den, new home on your lot for \$360,000!!  
1900 square feet under air.  
2200 total square footage.  
Give us a call about building a new home on your lot for about the same price as purchasing an older home.  
We have lots starting at \$200,000.  
Think of the advantages!  
- New kitchen, new roof, new baths, new impact glass – New Everything!  
- Considerably lower wind and flood insurance costs!  
- Low, low electric bills!  
Easy to see, the Carolyn model, call us for a showing at 239-850-0979 or email [realtorann@hotmail.com](mailto:realtorann@hotmail.com)  
John Gee Jr., Broker and Ann Gee, Broker Associate  
John Gee & Company  
2807 West Gulf Drive, Sanibel  
\*RS 12/25 CC 2/12

## REAL ESTATE

### RIVERFRONT POOL HOME

Located off McGregor near the Edison Home. Beautifully renovated 4/3 on large lot directly on the Caloosahatchee River with Gulf Access. \$1,395,000. Rawlings Realty, Inc. 239-482-7785.  
\*NS 1/22 CC 2/5

## COMMERCIAL RENTAL

### OFFICE SPACE FOR RENT

Great office space for rent.  
Great location,  
700 square feet on Periwinkle.  
Call Joe Gil 516-972-2883  
or 800-592-0009.  
\*NS 4/24 CC TFN

## COMMERCIAL RENTAL



Free standing "cottage" available for rent. Located in the popular Sanibel Square on Periwinkle Way. Newly updated, approximate. 700 sq. feet of area. Please call JUDY @ 239-851-4073.  
\*RS 12/4 CC TFN

## VACATION RENTAL

### Island Vacations

Of Sanibel & Captiva  
*Million \$ Views Await You!*  
• Cottages • Condos • Homes •  
Miles of Beaches & Bike Paths  
239-472-7277  
1-888-451-7277  
\*RS 1/4 BM TFN

### LIGHTHOUSE REALTY

Paul J. Morris, Broker  
VACATION RENTALS  
PROPERTY MANAGEMENT & SALES  
359 Periwinkle Way, Sanibel Island  
239-579-0511  
\*RS 1/4 CC TFN

### SANIBEL VACATION COTTAGE

Available March 1, 2016  
Walk to Beach, East End, 2 bedrm/ 1 bath, sleeps 4, Fully equipped  
410-913-2234  
\*NS 1/1 CC TFN

## VACATION RENTAL

### NEW BIG SANIBEL CONDO GULF FRONT CORNER/END!

2 Screen/Glass Doors Private Lanais.  
This is not a typical rental condo.  
Breathtaking views from both lanais.  
Luxury & High End Furnishings.  
One King & One Queen Big Bedrooms.  
[www.vrbo.com/4085236ha](http://www.vrbo.com/4085236ha)  
Smaller Direct-Gulf-Front Luxury Condo:  
[www.vrbo.com/192495](http://www.vrbo.com/192495)  
\*NS 1/15 CC 4/8

## SEASONAL RENTAL

### RE/MAX OF THE ISLANDS

Putting owners and tenants together  
Call Ryan Block  
[www.remax-oftheislands.com](http://www.remax-oftheislands.com)  
239-472-2311  
\*RS 1/23 BM TFN

### BEAUTIFUL AND FUN SANIBEL HOME

3B/3½B, West end, porches, bonus room, dock, pool, garage, beautifully furnished, near golf and Captiva. Call 239-472-0228.  
\*NS 12/4 CC TFN

### CHARMING BEACH COTTAGE

Charming "beach cottage" style 3 bed, 2 bath home. Very clean and recently remodeled. Near beach with access, Ding Darling, and bike path. Screened porch with view of river. Unfurnished except all new appliances including washer/dryer. Call for more details. \$6,000. for now through end of April. 207-720-0330.  
\*NS 1/22 CC 1/29

## ANNUAL RENTAL

### HOUSE FOR RENT

West Gulf Dr., long term, 2,000 sq.ft. 3Br,2B, loft, 2 car garage. 2 enclosed lanais off MB & LR. Private Deeded Beach. \$2,500, first,last,security. 239-910-6430 or email [Luvavantis@aol.com](mailto:Luvavantis@aol.com)  
\*NS 12/11 CC TFN

### SANIBEL ANNUAL RENTAL

1950s Beach Cottage. 2BR/1BA washer, dryer. Impeccably restored. Charming, bright. Large yard. Avail 2/1/16 \$2,200 per month. No Pets. NO SMOKING. 239-571-3376 or e-mail: [crsymes@comcast.net](mailto:crsymes@comcast.net)  
\*NS 1/15 CC 1/29

## ANNUAL RENTAL

### ANNUAL RENTALS SANIBEL

#### WATERFRONT HOME

This peaceful location is true Island Living. Looking over the water with boat dock/lift, access to Bay & Gulf. This beautiful 3 bedroom/2 bath plus den, piling home is UF. \$3,300/mo.



Please call for details

**472-6747**

**Gulf Beach Properties, Inc.**  
Helping People Become Islanders for over 35 years!  
The Island Experience!  
\*RS 11/06 BM TFN

### APARTMENT IN DUPLEX HOME

Nicely renovated apartment in duplex home. 2br, 1ba, w/d, cac. One block to beach. Pets ok. Available 2/1. \$1,800/mo. 631-495-6245. [jimbranca@optonline.net](mailto:jimbranca@optonline.net)  
\*NS 1/22 CC 1/29

## SERVICES OFFERED

### HOME CARE

We are offering companionship, light housekeeping, errands and pet sitting. We are compassionate and understand the hardships that hinder us from performing tasks that others take advantage of. We are easy going, enjoy light conversation and making people happy. Looking to find individuals, we can help today.  
Call today. 239-217-0468.  
\*NS 1/29 CC 2/5

### CAREGIVER

Caregiver CNA lic., 16 years experience. F.I.S.H. background check/referral. Sanibel references. Shop, pet care, meal prep., med. mgt., housekeeping, etc. Sheila - 239-850-7082.  
\*NS 10/16 CC TFN

### ELITE TRANSPORTATION SERVICE

Luxury Cars, Professional Drivers. Contract our services by the hour, day or week. 24/7. Nobody beats our prices, cars or service. Call Bo Bolen 239-823-5922.  
\*NS 1/22 CC 2/5

### TUTOR

Retired New Trier Teacher wants to tutor Chemistry. 847-508-0428.  
\*RS 1/15 CC 1/29

## SERVICES OFFERED

### ROGER NODRUFF ELECTRIC

Lic# EC12002788.  
Call Roger 239-707-7203.  
Aqualink - Motor Controls.  
Office & Store Maint.  
\*RS 6/7 CC TFN

### SANIBEL HOME WATCH

Retired Police Captain  
Lives on Sanibel  
Will Check Your Home Weekly  
Very Reasonable Rates  
(239) 728-1971  
\*RS 1/4 BM TFN

### SANIBEL BLUE FINANCIAL

Need help with paying your bills?  
Getting your mail?  
Organizing your pre-tax worksheets?  
What about someone to organize your desk?  
Call an insured and bonded professional in to help:  
Debi Almeida offers personal assistance for you. (Discreet and Trustworthy)  
Call her today to meet 239-839-6443.  
\*NS 12/18 CC 2/5

### HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction  
Sanibel & Captiva • 239-565-0471  
Sanibel Lic. #11412 Lee Co. Lic. #051047  
\*NS 1/4 PC TFN

### SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming  
Weeding, Installation of Plants, Trees and Mulch (one month free service available)  
Joe Scarnato (239) 849-6163  
[scarnatolawn@aol.com](mailto:scarnatolawn@aol.com)  
\*RS 1/25 BM TFN

### TO PLACE A CLASSIFIED LOG ONTO:

**IslandSunNews.com**

CLICK ON  
**PLACE CLASSIFIED**

★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

**HELP WANTED**  
RECEPTIONIST for season at busy organic spa Salon on Sanibel. Part time Monday, Thursday, every other Saturday, and every Sunday. Responsible, reliable individual wanted, non-smoker preferred, customer service oriented and comfortable with computers. Duties will include greeting clients, booking appointments, running register, opening, closing, serving tea and occasionally making retail products. Hourly pay plus retail commission. Spa and/or salon experience a plus.  
spatiniteabar@gmail.com  
\*NS 1/29 CC 2/5

**VOLUNTEERS NEEDED**  
Volunteers needed for light general maintenance. Call (CHR) Community Housing & Resources, Inc. 472-1189.  
\*NS 11/1 NC TFN

**VOLUNTEERS NEEDED**  
The Bailey-Matthews National Shell Museum needs Education and Great Hall volunteers. No experience necessary, will train. Please contact Melanie at (239) 395-2233 ext 11.  
\*NS 7/11 NC TFN

**SCRAMBLERS**

*solution*

1. Badger; 2. Nudge;  
3. Control; 4. Mangle

*Today's Word*

**GOLDEN**

HELP WANTED

**HAIR STYLIST BOOTH RENTAL AVAILABLE**  
Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882  
\*RS 3/13 CC TFN

**JERRY'S FOODS WAITRESSES OR WAITERS**  
Looking for experienced Waitresses or Waiters with open availability Monday through Sunday. If interested call and ask for Kim 472-9300.  
\*NS 5/29 CC TFN

LOST AND FOUND

**HELP FIND SOOKIE**



A Sanibel family is seeking help in finding their beloved cat, Sookie. The 2-year-old female black cat (with one white toe) is very friendly. She was last seen on December 29 in the Angel Drive/Dixie Beach Boulevard area. If found, please contact Holli Martin at 618-401-0674 or holli@floridamartins.com.  
\*NS 1/8 NC TFN

BOATS - CANOES - KAYAKS

**DOCKAGE**  
Hourly, Daily, Weekly and Monthly.  
Captiva Island 472-5800  
\*RS 1/4 NC TFN

VEHICLES FOR SALE

**BMW X3 SUV 2013**  
Absolute pristine condition. Like it just came out of the showroom. 30,500 miles. Alpine White with black leather interior. Loads of costly options including BMW hitch for a bike rack. \$29,850. Still under full BMW warranty. Ron at ronjland@aol.com  
\*NS 1/29 CC 2/5

**GOLF CART FOR SALE**



Street legal, "gas" powered.  
\$6,500. 239-209-6500  
\*RS 1/22 BM TFN



FOR SALE

**BICYCLES**  
Cannondale Quick 4,24 speed, trigger shifters, bike computer, new tires, new \$750, sell \$385 & Raleigh Talus 4.0, bike computer, new road tires, front shocks, new \$525, sell \$285. Both excellent cond. Call 239-210-8488.  
\*NS 1/29 CC 1/29

**KLIPSCH BLACK FLOOR SPEAKERS**  
Klipsch black floor spkrs, H-23", D-9", W-11", 1" tweeter, 5.25" cone woofers, black stands included. \$150 Ph. 239-210-8488  
\*NS 1/29 CC 1/29

**CEMETARY LOT**  
Cemetery Lots Memorial Gardens Fort Myers two exquisite lots in Meditation gardens lot 37 space 1 and 2 value \$7,995 each, Make offer 239-334-3900.  
\*NS 1/29 CC 2/5



**GARAGE • MOVING • YARD SALES**

**GARAGE SALE**  
Multifamily garage sale: Lots of household items, golf balls, silver plated punch bowl set, women's clothing, etc. Friday Jan.29, 9-3, Saturday Jan.30, 10-3. 1212 Par View Drive, Sanibel  
\*NS 1/29 CC 1/29

Shore Fishing:  
Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish.

- Hold the fish in the water while you unhook it if you're going to release it.
- The less you can touch a fish before release the better for the fish.
- If you want a picture with the fish, support it as you lift it out of the water – and do it quickly.
- Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.
- Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.

Top 10 Real Estate Sales

Development	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
FA Lanes Bayview	Captiva	2002	2,724	\$2,290,000	\$2,150,000	333
Salerno	Miromar Lakes	2015	3,994	\$2,195,000	\$1,975,000	237
Cape Coral	Cape Coral	2002	4,408	\$1,290,000	\$1,175,000	262
Rivercreek	Alva	2002	4,342	\$1,170,000	\$1,050,000	55
Hérons Landings II	Sanibel	1990	2,415	\$989,000	\$950,000	64
Town And River	Fort Myers	1972	2,060	\$719,000	\$690,000	4
Bellezza	Bonita Springs	2006	2,465	\$739,000	\$680,000	131
Cape Coral	Cape Coral	2003	3,121	\$599,000	\$585,000	110
Martin & Lewis Unrec	Fort Myers Beach	2003	1,604	\$589,900	\$576,000	23
Cape Coral	Cape Coral	1997	2,884	\$639,000	\$570,000	238

Courtesy of Royal Shell Real Estate

4			8					9
	3			5		8		
		1			7		6	
		2	5					6
	5			1			2	
3					6	1		
7				2				4
		4	3				8	
	2				1	9		

**SUDOKU**

**To play Sudoku:**  
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 27

Pets Of The Week

Hello, my name is Charlie. I'm a 9-month-old neutered male Pit Bull Terrier/Labrador Retriever mix. I'm just cute as a bug and smart as a whip – they should have named me Einstein! I'm a happy-go-lucky pup who always has a smile on my face and a bounce in my step. I love to play but am also content to sit on your lap. I like to play with other dogs and greet them politely. If you adopt me, I can be the best dog ever because I love to learn and please!

My adoption fee is \$30 (regularly \$75) during Animal Services Yappy New Year Adoption Promotion.

Hello, my name is Theo. I'm a 2-year-old neutered male domestic short hair black tabby with white feet. I am a very quiet but quite lovable lap cat. I will make someone or some family a very nice companion. I'm no trouble, just lots of love.

My adoption fee is \$30 (regularly \$75) during Animal Services Yappy New Year Adoption Promotion.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.\*



Charlie ID# 650102



Theo ID# 650211



Emergency.....	911
Lee County Sheriff's Office .....	477-1200
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
HealthPark Medical Center.....	1-800-936-5321
Ft. Myers Chamber of Commerce .....	332-3624
Foundation for Quality Childcare .....	425-2685
Fort Myers Beach Chamber of Commerce.....	454-7500
Fort Myers Beach Library .....	463-9691
Lakes Regional Library .....	533-4000
Lee County Chamber of Commerce.....	931-0931
Post Office.....	1-800-275-8777
Visitor & Convention Bureau .....	338-3500

<b>ARTS</b>	
Alliance for the Arts .....	939-2787
Arts For ACT Gallery & Studio.....	337-5050
Art League Of Fort Myers .....	275-3970
Barbara B. Mann Performing Arts Hall.....	481-4849
BIG ARTS .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Cultural Park Theatre.....	772-5862
Edison Festival of Light .....	334-2999
Florida Repertory Theatre at the Arcade .....	332-4488
Florida West Arts .....	948-4427
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	489-1800
Harmony Chorus, Charles Sutter, Pres .....	481-8059
Naples Philharmonic .....	239-597-1111
The Schoolhouse Theater .....	472-6862
SW Florida Symphony .....	418-0996
Theatre Conspiracy .....	936-3239
Young Artists Awards.....	574-9321

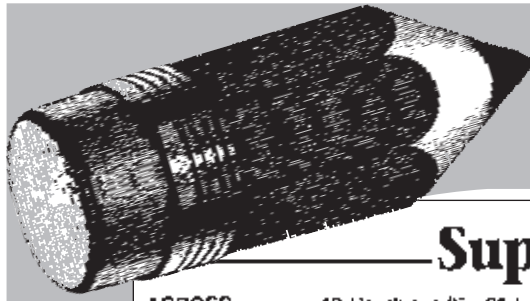
<b>CLUBS &amp; ORGANIZATIONS</b>	
Angel Flight .....	1-877-4AN-ANGEL
Animal Refuge Center .....	731-3535
American Business Women Association .....	357-6755
Audubon of SWFL .....	339-8046
Audubon Society .....	472-3156
Caloosahatchee Chapter DAR.....	482-1366
Caloosahatchee Folk Society .....	321-4620
Cape Chorale Barbershop Chorus.....	1-855-425-3631
Cape Coral Stamp Club.....	542-9153
duPont Company Retirees .....	454-1083
Edison Porcelain Artists.....	415-2484
Embroiderers Guild of America - Sea Grape Chapter .....	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy .....	728-3743
Friendship Force Of SW FL .....	561-9164
Garden Club of Cape Coral .....	239-257-2654
Horticulture and Tea Society .....	472-8334
Horticultural Society .....	472-6940
Lee County Genealogical Society .....	549-9625
Lee Trust for Historic Preservation .....	939-7278
NARFE(National Active & Retired Federal Employees .....	482-6713
Navy Seabees Veterans of America .....	731-1901
Paradise Iowa Club of SWFL .....	667-1354
Sons of Confederate Veterans.....	332-2408
Southwest Florida Fencing Academy.....	939-1338
Southwest Florida Music Association .....	561-2118

<b>Kiwanis Clubs:</b>	
Fort Myers Beach.....	765-4254 or 454-8090
Fort Myers Edison .....	694-1056
Fort Myers South .....	691-1405
Gateway to the Islands.....	218-5768
Iona-McGregor .....	482-0869

<b>Lions Clubs:</b>	
Fort Myers Beach.....	463-9738
Fort Myers High Noon .....	466-4228
Estero/South Fort Myers .....	898-1921
Notre Dame Club of Lee County .....	768-0417
POLO Club of Lee County .....	477-4906
Rotary Club of Fort Myers .....	332-8158
Sanibel-Captiva Orchid Society.....	472-6940
United Way of Lee County .....	433-2000
United Way 211 Helpline (24 hour).....	211 or 433-3900

<b>AREA ATTRACTIONS</b>	
Bailey-Matthews Shell Museum.....	395-2233
Burrough's Home .....	337-9505
Calusa Nature Center & Planetarium.....	275-3435
Edison & Ford Winter Estates .....	334-3614
Fort Myers Skate Park.....	321-7558
Imaginarium Hands-On Museum & Aquarium .....	321-7420
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Koreshan State Historic Site .....	239-992-0311
Langford Kingston Home.....	239-334-2550
Ostego Bay Foundation Marine Science Center .....	765-8101
Skatium .....	321-7510
Southwest Florida Historical Society .....	939-4044
Southwest Florida Museum of History .....	321-7430
True Tours .....	945-0405

To be listed in calling card email your information to: [press@riverweekly.com](mailto:press@riverweekly.com)



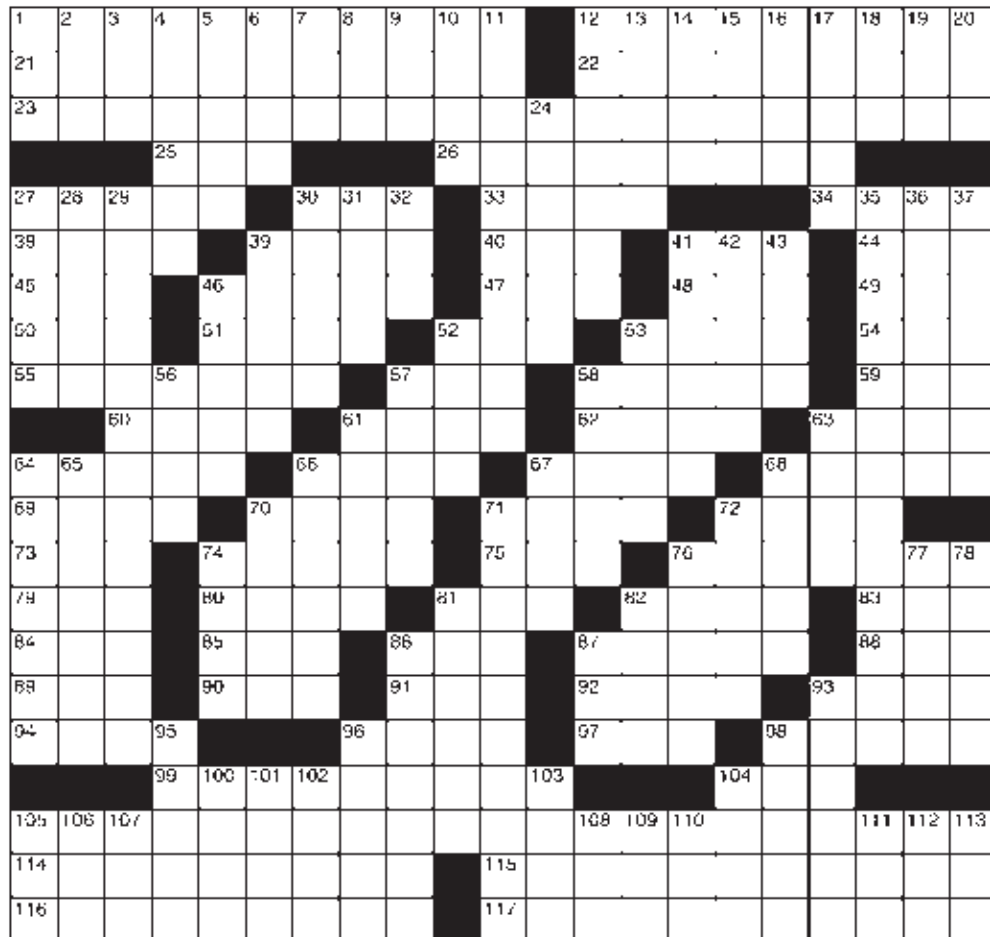
# BEACH CHAIR PASTIME

answers on page 25

## Super Crossword

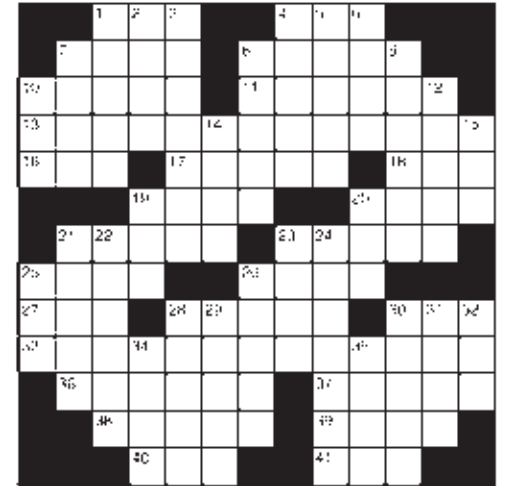
**DANGEROUS  
CURVES AHEAD**

- ACROSS**
- 1 Allured by  
12 Where water remains after an ebb  
21 Direct results  
22 Big band singer called "The Jazzebel of Jazz"  
23 Common types of thin rides  
25 Co.'s top dog  
26 S.F. thoroughfare famous for its hairpin curves  
27 Fog or mist  
30 Bulge (out)  
33 Gas in signs  
34 State north of Neb.  
38 Oahu, e.g.  
39 Flower-holding jar  
40 Boston Bruin Bobby  
41 Status  
44 Kimono sealer  
45 Disco fan on "The Simpsons"  
46 Mended a hem, e.g.  
47 Port in Brazil, for short  
48 Indohirite article in Italy
- 49 Psycho gift  
50 Troops site  
51 Fired  
52 Hooting bird  
53 — Van Dyke  
54 Maple stuff  
55 Dried out, with "up"  
57 Constructing serpent  
58 Window components  
59 Pub draft  
60 "Zounds!"  
61 Thickly fibrous  
62 Sneaky guy?  
63 Lab helper with a hump  
64 "Hammann" Hank  
66 Sharp changes of direction  
67 Sharp changes of direction  
68 Seniors' canoes  
69 Reduced  
70 Zestfulness  
71 Claudius's successor  
72 Italian "Bye"  
73 Audit org.  
74 Zestful  
75 Limestone, e.g.  
76 Dad's dad  
79 Jon — Jovi  
80 Scottish port
- 81 L-P middle  
82 Remnant of film  
83 Put a label on  
84 Quiet — mouse  
85 Bush spokesman  
86 Holiday tree  
87 Bizarre, sanely  
88 Capacious coffee pot  
89 — chuy  
90 Viking's place  
91 Verb suffix in Sussex  
92 Amiss  
93 Inhabitant of Canada  
94 Baldwin of "To Rome With Love"  
96 Spritful  
97 Suffix with infant  
98 Frog locales  
99 Really hitting the sauce  
104 Water in Toulon  
105 #1 Beatles hit of 1970  
114 Actress who co-starred in "The Help"  
115 Very simple  
116 Unfinished business
- 117 2011-13 secretary of defense
- DOWN**
- 1 Deed  
2 AAA job  
3 Prefix for "three"  
4 Revolver, in old slang  
5 With 56-Down, secondary personalities  
6 Classic Liz Taylor role  
7 Pothole fill  
8 Four up  
9 Italian for "God"  
10 Relate  
11 Capital in Scandinavia  
12 Seat of North Carolina's Edgemont County  
13 Old Peruvian  
14 Christ on  
15 Somewhat  
16 Scottish gill  
17 Actress Annie  
18 Poem type  
19 Boat paddle  
20 Fleur-de —  
24 "Bant" chef  
27 Entry stamps  
28 Houston ballplayer  
29 Pipe-cleaning tool  
30 Chatted  
31 "Get to it!"  
32 A Kennedy  
35 Acts the Samanton  
36 Favorite son of David  
37 Some cured herrings  
39 Tormented  
41 See 42-Down  
42 Outlier's cry  
43 Acom bearers  
46 Hood wrap  
52 "My bad"  
53 Set — Zoo  
56 See 5-Down  
57 Swamplike  
58 Meager  
61 Rock Star?  
63 Shah's and  
64 "Arabian Nights" figure  
65 Spray can suspension  
66 Bright, showy flower  
67 Not a one  
68 Spinel say  
70 Old name of the Congo  
71 Bad news for magazine publishers  
72 With 41-Down, patchworks  
74 " — the night before ..."  
76 Music class  
77 Whittled  
78 De Mille of dance  
81 Total up incorrectly  
82 Dowlap  
86 Actor Ralph  
87 Moo goo — pain  
93 Route  
95 Tab and RC  
96 " — my big mouth!"  
98 Wiccan, e.g.  
100 Shout  
101 Opening bet  
102 Weed — (lawn care product)  
103 Go upward  
104 New Age superstar  
105 Holodex no.  
106 Med. service  
107 Comic Philips  
108 Prefix with conservative  
109 Veep Quayle  
110 MSN, e.g.  
111 Go (for)  
112 Bit of land in a river  
113 Narc's agency



## King Crossword

- ACROSS**
- 1 Moo goo  
4 Snitch  
7 Prep for  
8 Intrinsicly  
10 Insertion mark  
11 Mountain-eering tool  
13 New Orleans section  
16 Scoundrel  
17 Storefront sign info  
18 Raw rock  
19 Olympic sled  
20 Desert-like  
21 Harvests  
23 Ski trail  
25 Nevada city  
26 Sex Pistol's genre  
27 Suitable  
28 Highlanders  
30 Island garland  
33 "3rd Rock From the Sun" cast member  
36 Baltimore bird  
37 Change  
38 Fairies
- 39 Carry  
40 Mimic  
41 Crafty
- legal or medic  
8 Resentment  
9 Blackmail  
10 Ozone detector (Abbr.)  
12 Word  
14 Swine  
15 Scarlet  
19 " / Faces of Dr.   
20 Request  
21 Copy for short  
22 Goes in  
23 Green shot
- 24 Entomologist's study  
25 U.K. flies  
26 Sat for a picture  
28 Ice cream tool  
29 Actress  
30 Non clergy  
31 Sea eagle  
32 "Impossible"  
34 NPR's  
35 Sweater material
- DOWN**
- 1 Sent a telegram  
2 Admitting customers  
3 Burger enhancer  
4 Happen again  
5 Neighborhoods  
6 Despot  
7 Prefix with
- 108 Prefix with conservative  
109 Veep Quayle  
110 MSN, e.g.  
111 Go (for)  
112 Bit of land in a river  
113 Narc's agency



## MAGIC MAZE • ANAGRAMS OF MLB TEAMS

W V S P N K I E C A X V E S Q  
O L J T H E S C S E P A R D A  
L X T H I V S R L T R P O N L  
J I H N I X S T E I F D C B Y  
X V O T A L E G S N A G I T R  
P O M E Y S L W O A R N K K I  
G E D O S B N P O D O A S Z X  
W U A T T O R O I H D R G R Q  
O R E N P A R T I E S E L J M  
I M G F D C D N A L S I R A C  
A Y X K C O M S D I A D N A B

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

- |                |           |           |         |
|----------------|-----------|-----------|---------|
| A lions and    | Hill pies | Roasts    | Sly car |
| Band aid smock | Mrs. Nail | Rose oil  | Snag it |
| Car island     | Parties   | Show exit | Stem    |
| Garners        | Red dogs  | Ski core  |         |

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